

DRUG ABUSE



Presented by

The University of Texas at Arlington
Police Department

(817) 272-3381

www.uta.edu/police

Got METH ?

the **F**irst
High

kiss your future
goodbye

OR has it got YOU ?

Meth

why risk it?

HIV & Meth



The relationship between meth and HIV can be deadly. The risky sexual behavior that meth users engage in increases the transmission of diseases, including sexually transmitted diseases (STDs) and Hepatitis C. The spread of HIV among meth users --- because of shared contaminated paraphernalia and increased sexual activity --- is a very real problem. Scientists also believe that there may be some physiological changes that favor HIV transmission in meth users. For those who already are HIV positive, methamphetamine may speed up the progression of the disease. Scientists have suggested that HIV positive individuals taking AIDS medication and who use meth may in fact be at greater risk for developing full blown AIDS. The National Institute on Drug Abuse has launched further research to determine the impact of methamphetamine and HIV. It's a deadly serious problem --- and meth use is simply not worth the risk.



How it is made.....

- Made in a lab
- there's nothing natural about it
- all chemicals and household stuff
- lye, drain cleaner, iodine, battery acid, cold medicine
- and other things you'd never dream of putting in your body.

ingredients:

Battery acid

Cold medicine

Drain cleaner

Acetone

Rock salt

Lye

Antifreeze

Kitty litter

Lithium batteries

Toluene



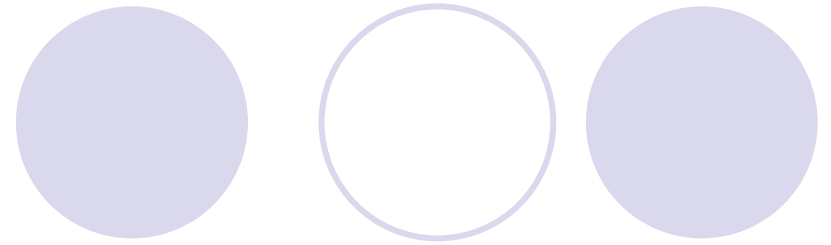
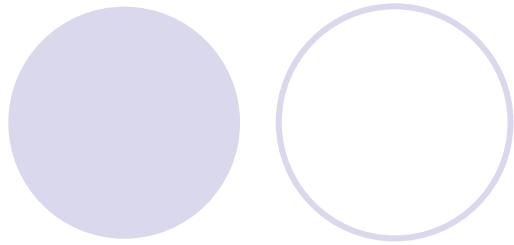
Hooking up with METH.....

- Why does anyone hook up with meth? Kids say it makes them feel "in control", uninhibited, energetic. Girls sometimes use it to lose weight. At first, meth feels good. But for many users, it only takes a few times to get addicted --- and that's not hype.



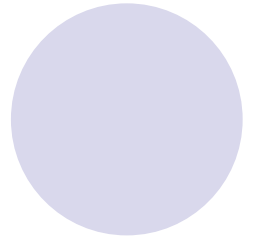
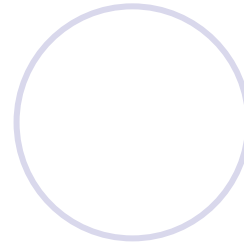
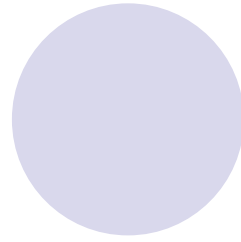
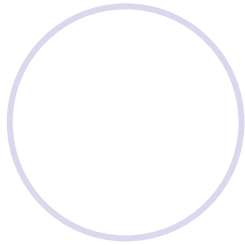
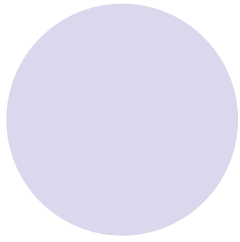
It becomes your.....significant other

- Users soon don't recognize themselves --- physically, mentally, emotionally.
- They reject their families, friends, interests. They begin to do things they never thought were possible --- stealing, becoming sexually active, dropping out of school.



I am meth

This poem is said to have been written by a young girl who later died because of methamphetamine. Whoever wrote it knows the power and danger of meth for sure.



I destroy homes, I tear families apart, I take your children and that's just the start.

I'm more valued than diamonds, more precious than gold.

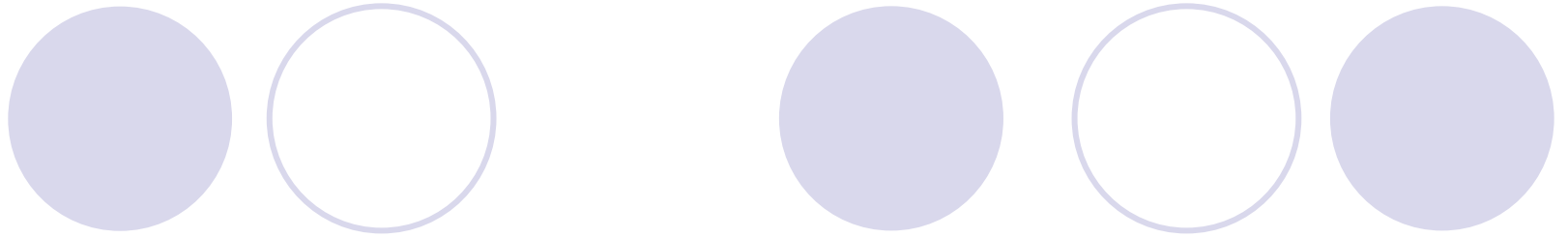
The sorrow I bring is a sight to behold.

If you need me, remember I'm easily found, I live all around you in school and in town.

I live with the rich, I live with the poor, I live just down the street and maybe next door.

I'm made in a lab, but not like you think: I can be made under the kitchen sink, in your child's closet, and even the woods.

If this scares you to death, then it certainly should.



I have many names, but there's one you will know best,
I'm sure you've heard of me.

My name is Crystal Meth.

My power is awesome, try me you'll see: But if you do
you may never break free!!

Just try me once and I might let you go. But if you try
me twice then I'll own your soul.

When I possess you, you'll steal and you'll lie.
You'll do what you have to do, just to get high.



The crimes you'll commit for my narcotic charms will be
worth the pleasures you feel in my arms.

You'll lie to your mother, you'll steal from your dad.

When you see their tears you must feel sad.

Just forget your morals and how you were raised.

I'll be your conscience, I'll teach you my ways.



I take kids from their parents, I take parents from
their kids. I separate friends. I turn people from
God.

I'll take everything from you your looks and your pride.

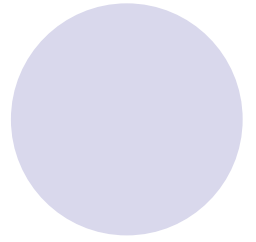
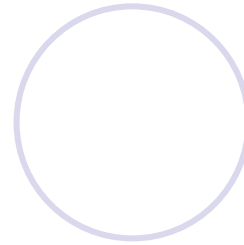
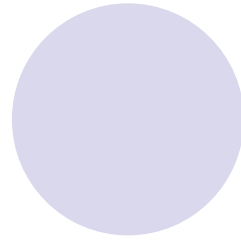
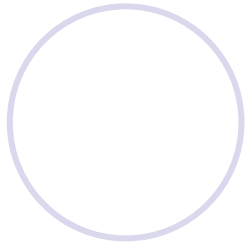
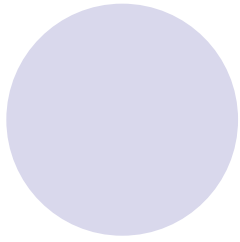
I'll be with you always right from by your side.

You'll give up everything, your family, your home, your
money, your true friend,

Then you'll be alone.

I'll take and take till you have no more to give.

When I finish with you, you'll be lucky to live.



If you try to be warned this is not a game,
If I'm given the chance I'll drive you insane.

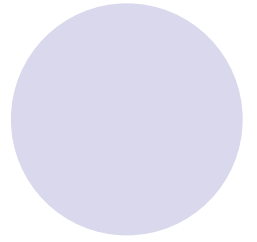
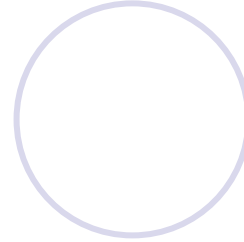
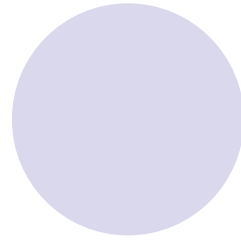
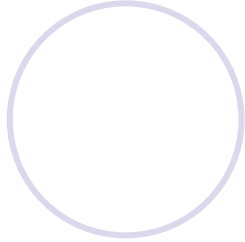
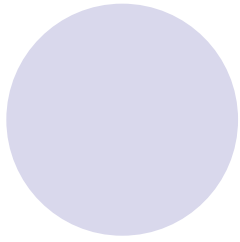
I'll ravage your body, I'll control your mind, I'll own you completely.
Your soul will be mine.

The nightmares I'll give you when you're lying in bed. And the voices
you'll hear from inside your head, the sweats, the shakes, and
the vision you'll see:

I want you to know these things are gifts from me.
By then it's too late, and you'll know in your heart. That you are now
mine and we shall not part.

You'll regret that you tried me (they always do), but you come to
me, not I to you.

You knew this would happen. Many times you were told. But you
challenged my power.
You chose to be bold.



You could have said no and walk away. If you could live that day over now , what would you say?

My power is awesome, as I told you before, I can take your life and make it so dim, and sore.

I'll be your master and you'll be my slave. I'll even to with you when you go to your grave.

Now that you've met me, what will you do? Will try me or not? It's all up to you.

I can show you more misery than than words can tell
Come take my hand, let me take you to HELL!!!!!!!!!!!!!!



And then there's tweaking-

Often meth users don't sleep for days, sometimes weeks at a time. At that point, users become extremely irritable and paranoid, a behavior which is called "tweaking."

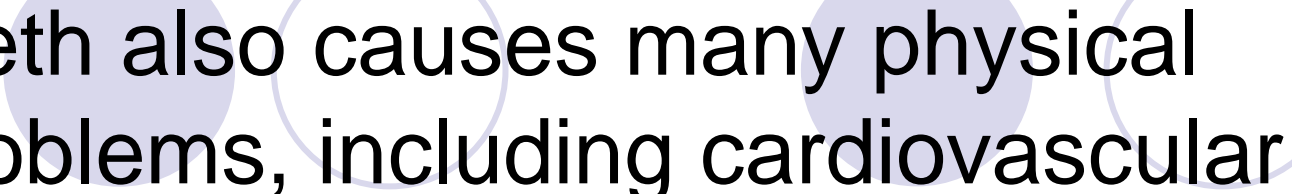


Because the user can't replicate the original meth high, he or she becomes frustrated, unpredictable and often dangerous.

Physical abuse, vehicle accidents and violence often occur with tweakers.

It's important to understand that you need to use caution when someone you know is in this state.

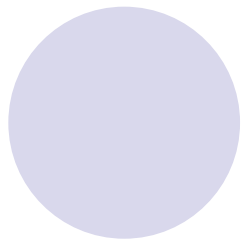
Behavior can be unpredictable, and you don't want to pay the price.

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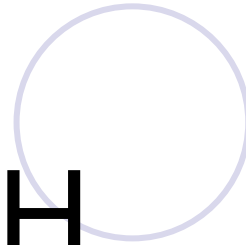
Meth also causes many physical problems, including cardiovascular damage.

These include:

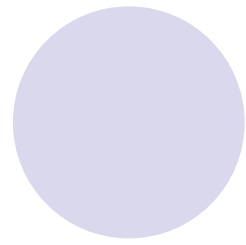
- Rapid heart rate.
- Irregular heart beat.
- Increased blood pressure.
- Irreversible stroke.
- Elevated body temperatures
- Convulsions.



AND



DEATH





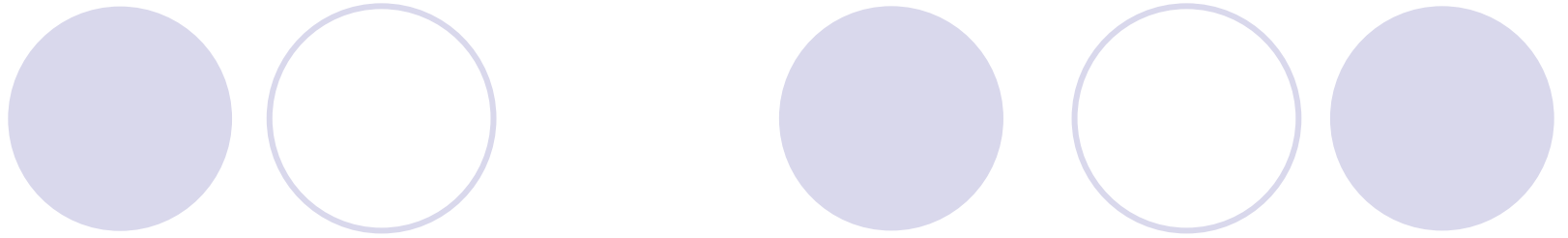
Breaking up

METH treatment and you.....

The longer a user puts it off,
the harder it is to address
the damage.....

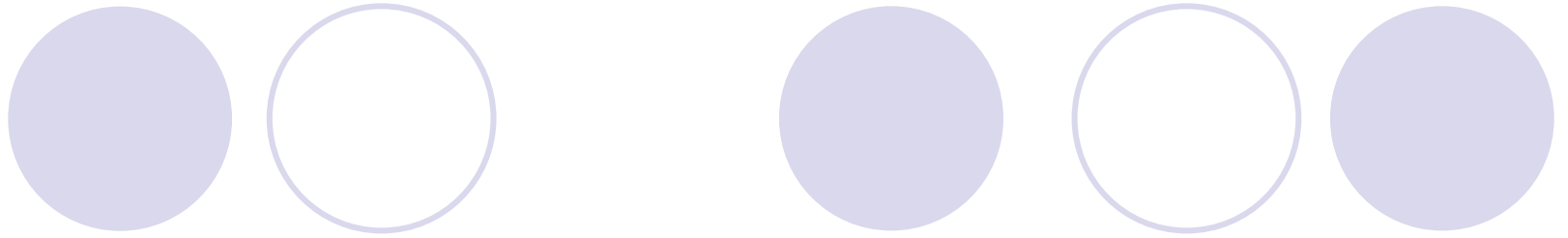
More and more
people are seeking
treatment for METH addiction.

*If you need help, **get it** ----- and **get it NOW!***



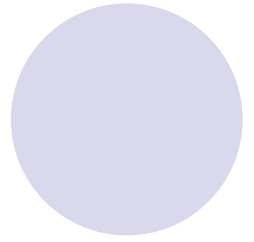
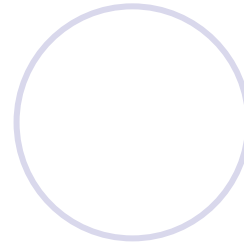
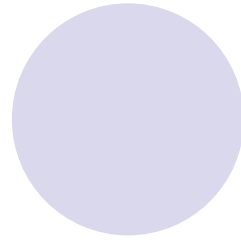
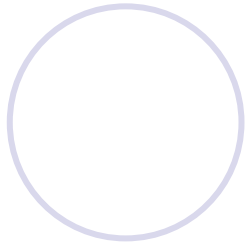
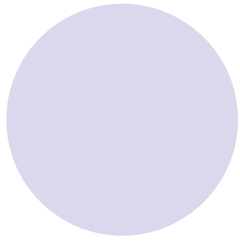
Most young people who are addicted to METH say that getting off it is very difficult and they advise others not to even start.

While METH addiction is similar to other types of drug addiction, METH's grip on the user seems to make it a particularly tough habit to break.



The Substance Abuse and Mental
Health Services Administration
(SAMHSA)

Has a phone number to call to help
locate treatment resources quickly –
1-800-662-HELP



For **help** on-line go to:

www.justthinktwice.com/gotmeth/

Or go to:

www.justthinktwice.com/gotmeth/breakingup.html

For “Where to go for **TREATMENT**” or to take a **METH QUIZ**.