

# TRAINING CATALOG

Region VI OSHA Education Center  
The University of Texas at Arlington

- ★ SAFETY
- ★ HEALTH
- ★ ENVIRONMENTAL
- ★ RISK MANAGEMENT

## **NEW** IN THIS ISSUE

1. Accident Investigation Certificate Program
2. Safety Standards for Scaffolding
3. Academic Credit Now Available

What makes us the fastest growing new OSHA Education Center in the country...

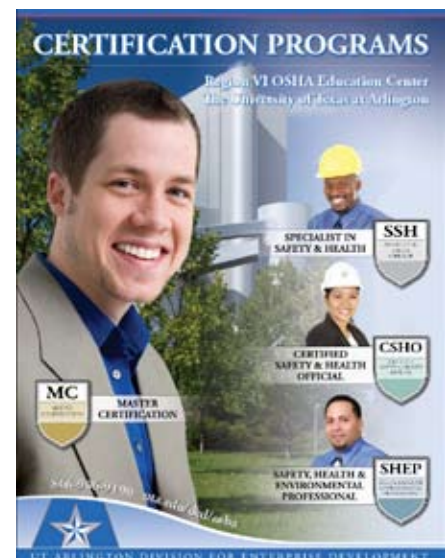
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## CERTIFICATION PROGRAMS



*New Brochure*

**OSHA 500**

Fee: \$695

**Trainer Course for the Construction Industry**

This trainer course is designed for personnel interested in teaching the OSHA 10- or 30-Hour Construction Outreach courses. Special emphasis is placed on required topics in the OSHA Outreach Program. Various instructional approaches and the effective use of visual aids and handouts will also be covered. Course participants will work in groups or independently to practice their presentation of selected topics. (Participants are encouraged to bring a laptop to work on presentation materials.) A written examination is given at the conclusion of the course. Successful completion of the course and the final examination allows the participant to be recognized as an OSHA Authorized Outreach Trainer for the Construction Industry. **Prerequisite:** Five years relevant experience in the construction safety and health field AND completion of the OSHA 510 course.

Jul 20-23, 2009	Tulsa, OK
Aug 4-7, 2009	Austin, TX
Aug 17-20, 2009	New Orleans, LA
Aug 24-27, 2009	Albuquerque, NM
Sep 1-4, 2009	Arlington, TX
Sep 28-Oct 1, 2009	Houston, TX
Oct 20-23, 2009	Austin, TX
Nov 2-5, 2009	El Paso, TX
Nov 30-Dec 3, 2009	Albuquerque, NM
Dec 14-17, 2009	Baton Rouge, LA
Jan 5-8, 2010	Austin, TX
Jan 19-22, 2010	Oklahoma City, OK
Feb 2-5, 2010	Arlington, TX
Feb 16-19, 2010	Houston, TX
Mar 3-6, 2010	Woodward, OK
Mar 9-12, 2010	Austin, TX
Mar 30-Apr 2, 2010	Little Rock, AR
Apr 13-16, 2010	Arlington, TX
May 4-7, 2010	Austin, TX
May 4-7, 2010	Oklahoma City, OK
May 18-21, 2010	Houston, TX
Jun 8-11, 2010	Arlington, TX

**OSHA 502**

Fee: \$495

**Update for Construction Industry Outreach Trainers**

This course is the update required every four years for all OSHA Authorized Outreach Trainers for the Construction Industry. It provides timely information on OSHA Construction Industry standards, policies and regulations. Students must provide their current Outreach Trainer card.

Sep 14-15, 2009	New Orleans, LA
Nov 9-10, 2009	Arlington, TX
Feb 11-12, 2010	Oklahoma City, OK
Apr 15-16, 2010	El Paso, TX
May 6-7, 2010	Arlington, TX
Jun 8-9, 2010	Houston, TX

**OSHA 501**

Fee: \$695

**Trainer Course for General Industry**

This trainer course is designed for personnel interested in teaching the OSHA 10- or 30-Hour General Industry Outreach courses. Special emphasis is placed on required topics in the OSHA Outreach Program. Various instructional approaches and the effective use of visual aids and handouts will also be covered. Course participants will work in groups or independently to practice their presentation of selected topics. (Participants are encouraged to bring a laptop to work on presentation materials.) A written examination is given at the conclusion of the course. Successful completion of the course and the final examination allows the participant to be recognized as an OSHA Authorized Outreach Trainer for General Industry. **Prerequisite:** Five years relevant experience in the general industrial safety and health field AND completion of the OSHA 511 course.

Jul 6-9, 2009	Las Cruces, NM
Jul 27-30, 2009	Albuquerque, NM
Aug 10-13, 2009	Oklahoma City, OK
Aug 17-20, 2009	Bentonville, AR
Sep 21-24, 2009	Arlington, TX
Oct 5-8, 2009	Houston, TX
Oct 14-17, 2009	Woodward, OK
Nov 2-5, 2009	Baton Rouge, LA
Dec 7-10, 2009	Arlington, TX
Jan 12-15, 2010	Austin, TX
Jan 26-29, 2010	Little Rock, AR
Feb 23-26, 2010	Arlington, TX
Mar 2-5, 2010	Oklahoma City, OK
Mar 16-19, 2010	El Paso, TX
Mar 23-26, 2010	Houston, TX
Mar 23-26, 2010	New Orleans, LA
Apr 20-23, 2010	Arlington, TX
May 18-21, 2010	Tulsa, OK
May 25-28, 2010	Austin, TX
Jun 1-4, 2010	West Monroe, LA
Jun 8-11, 2010	Bentonville, AR
Jun 22-25, 2010	Arlington, TX

**OSHA 503**

Fee: \$495

**Update for the General Industry Outreach Trainers**

This course is the update required every four years for all OSHA Authorized Outreach Trainers for General Industry. It provides timely information on OSHA General Industry standards, policies and regulations. Students must provide their current Outreach Trainer card to confirm enrollment in this class.

Aug 10-11, 2009	Austin, TX
Oct 12-13, 2009	Albuquerque, NM
Nov 16-17, 2009	West Monroe, LA
Dec 14-15, 2009	Houston, TX
Feb 9-10, 2010	Oklahoma City, OK
Apr 13-14, 2010	El Paso, TX
May 4-5, 2010	Arlington, TX
Jun 10-11, 2010	Houston, TX

**OSHA 510**

Fee: \$595

**Standards for the Construction Industry**

This course covers the OSHA standards for the construction industry found in the Code of Federal Regulations (CFR) 1926 along with other relevant policies, procedures, and safety and health principles for the construction industry. Special emphasis is placed on those areas that are the most hazardous and most frequently cited by OSHA.

Jul 13-16, 2009	Arlington, TX
Jul 20-23, 2009	Albuquerque, NM
Jul 27-30, 2009	Austin, TX
Aug 3-6, 2009	Bentonville, AR
Aug 10-13, 2009	Little Rock, AR
Aug 24-27, 2009	Houston, TX
Sep 15-18, 2009	Austin, TX
Sep 21-24, 2009	Baton Rouge, LA
Oct 5-8, 2009	El Paso, TX
Oct 19-22, 2009	Arlington, TX
Nov 2-5, 2009	Albuquerque, NM
Nov 16-19, 2009	Austin, TX
Dec 7-10, 2009	New Orleans, LA
Jan 5-8, 2010	Oklahoma City, OK
Jan 12-15, 2010	Houston, TX
Jan 26-29, 2010	Arlington, TX
Feb 3-6, 2010	Woodward, OK
Feb 16-19, 2010	Austin, TX
Mar 2-5, 2010	Arlington, TX
Mar 16-19, 2010	Oklahoma City, OK
Apr 6-9, 2010	Little Rock, AR
Apr 27-30, 2010	Austin, TX
May 11-14, 2010	Bentonville, AR
May 11-14, 2010	Houston, TX
May 25-28, 2010	Arlington, TX
Jun 22-25, 2010	Oklahoma City, OK

**OSHA 511**

Fee: \$595

**Standards for General Industry**

This course covers the OSHA standards for general industry found in the Code of Federal Regulations (CFR) 1910 along with other relevant policies, procedures, and safety and health principles for general industry. Special emphasis is placed on those areas that are the most hazardous and most frequently cited by OSHA.

Jul 6-9, 2009	New Orleans, LA
Jul 20-23, 2009	Oklahoma City, OK
Aug 3-6, 2009	Houston, TX
Aug 3-6, 2009	Bentonville, AR
Aug 17-20, 2009	Arlington, TX
Aug 24-27, 2009	Midland, TX
Sep 14-17, 2009	Albuquerque, NM
* Sep 15-18, 2009	Lake Charles, LA
Oct 12-15, 2009	Baton Rouge, LA
Oct 26-29, 2009	Little Rock, AR
Nov 9-12, 2009	Arlington, TX
Dec 14-17, 2009	San Antonio, TX
Jan 5-8, 2010	New Orleans, LA
Jan 12-15, 2010	Arlington, TX
Jan 26-29, 2010	Houston, TX
Feb 16-19, 2010	El Paso, TX
Feb 23-26, 2010	Tulsa, OK
Mar 9-12, 2010	Houston, TX
Mar 23-26, 2010	Arlington, TX
Apr 6-9, 2010	Austin, TX
Apr 20-23, 2010	Oklahoma City, OK
May 4-7, 2010	West Monroe, LA
May 11-14, 2010	Arlington, TX
May 18-21, 2010	Bentonville, AR
Jun 15-18, 2010	Oklahoma City, OK
Jun 15-18, 2010	Baton Rouge, LA
Jun 29-Jul 2, 2010	Austin, TX

\* Emphasis on Oil and Gas

# FREE SEMINARS

**OSHA 7005**Fee: ~~\$295~~**FREE****Public Warehousing and Storage**

The course is designed as a training course for warehouse workers and will focus on many hazards and injuries that are likely to be encountered in warehouse operations. It has been shown that warehousing has become an increasingly hazardous area to work in. OSHA has identified Public Storage and Warehousing as one of seven industries with a high lost time claims rate. Injuries may occur from forklifts; material handling and lifting; exposure to hazardous substances; and slips, trips and falls. The course will discuss: powered industrial trucks; material handling/lifting/ergonomics; hazard communications; walking and working surfaces; and exit routes and fire protection.

Sep 1, 2009 Fort Worth (Alliance), TX

**OSHA 7105**Fee: ~~\$295~~**FREE****Evacuation and Emergency Planning**

Evacuation and emergency planning focuses on OSHA requirements for emergency action plans and fire protection plans. Preparing for emergencies is a basic principle of workplace safety and health. Participants will learn: (1) reasons for emergency action plans and fire prevention plans and when they are required for a workplace; (2) elements of a good evacuation plan; and (3) features of design and maintenance of good exit routes. The optional session for this course will focus on assessment of risk for terrorist attack and how to utilize OSHA's two matrices, evacuation planning and fire and explosion, as tools in planning for emergencies.

Aug 21, 2009 Arlington, TX

**OSHA 521**

Fee: \$595

**OSHA Guide to Industrial Hygiene**

This course is intended to increase your knowledge of OSHA regulations related to industrial hygiene as well as relevant industrial hygiene practices and procedures. Specific topics such as permissible exposure limits, respiratory protection, engineering controls, hazard communication, sampling instrumentation, hearing conservation, workplace health program and other industrial hygiene issues will be addressed.

Oct 6-9, 2009	Tulsa, OK
Feb 23-26, 2010	San Antonio, TX
Jun 22-25, 2010	Houston, TX

**OSHA 2045**

Fee: \$595

**Machinery and Machine Guarding Standards**

This course will help you become familiar with a wide variety of common machinery and the associated hazards of the machinery along with related safety standards and appropriate guarding methods including protection about hazardous energy sources (lockout/tagout). Participants will learn to apply hazard recognition concepts on a site inspection using a process of identifying and evaluating the machinery and machine guarding hazards; researching the related standards; and exploring hazard abatement options.

Jul 27-29, 2009	Arlington, TX
Aug 4-6, 2009	Baton Rouge, LA
Aug 13-15, 2009	Woodward, OK
Nov 16-18, 2009	San Antonio, TX
Feb 9-11, 2010	Little Rock, AR
Apr 6-8, 2010	Houston, TX

**OSHA 2250**

Fee: \$595

**Principles of Ergonomics Applied to Work-Related Musculoskeletal and Nerve Disorders**

This course will familiarize participants with the application of ergonomic principles for the reduction of musculoskeletal stress and strain in the workplace with the goal of controlling or preventing workplace musculoskeletal and nerve disorders. Participants will conduct task analysis of jobs to identify risk factors and present plans for worker protection.

Jul 23-25, 2009	Woodward, OK
Sep 15-17, 2009	New Orleans, LA
Jan 19-21, 2010	San Antonio, TX
Jun 1-3, 2010	Houston, TX
Jun 29-Jul 1, 2010	Bentonville, AR

**OSHA 2015**

Fee: \$595

**Hazardous Materials**

This course provides an overview of OSHA's General Industry standards regarding hazardous materials as well as other proprietary and consensus standards related to hazardous materials. Subjects covered include proper storage and handling procedures; precautions for hazardous waste operations; and processes for handling flammable and combustible liquids, compressed gases, and cryogenic liquids.

Jul 7-9, 2009	Oklahoma City, OK
Oct 27-29, 2009	Midland, TX
Feb 2-4, 2010	Arlington, TX
Apr 14-16, 2010	Houston, TX
Jun 8-10, 2010	Las Cruces, NM

**OSHA 2225**

Fee: \$595

**Respiratory Protection**

This course will teach participants how to establish, maintain, and monitor a respirator program following the OSHA requirements found in 29 CFR 1910.134. The proper selection and use of respiratory protection will be discussed and participants will learn to evaluate compliance with OSHA respiratory protection standards. Other specific topics include respiratory protection programs, fit testing, and respiratory protection equipment care and maintenance.

Dec 10-12, 2009	Woodward, OK
Jan 5-7, 2010	Arlington, TX
Mar 24-26, 2010	Houston, TX
Jun 22-24, 2010	Bentonville, AR

**OSHA 2264**

Fee: \$595

**Permit-Required Confined Space**

This course will increase your knowledge of hazards associated with permit-required confined space entry. OSHA standards related to confined space entry will be covered including entry procedures, personal protective equipment, ventilation and purging requirements, calculations and techniques, and appropriate atmosphere testing equipment and related limitations. Participants will engage in hands-on training with explosion meters, oxygen meters, and other test equipment.

Jul 14-16, 2009	Alexandria, LA
Aug 3-5, 2009	Oklahoma City, OK
Sep 3-5, 2009	Woodward, OK
Oct 19-21, 2009	New Orleans, LA
Nov 10-12, 2009	Austin, TX
Nov 30-Dec 2, 2009	Houston, TX
Jan 26-28, 2010	Las Cruces, NM
Feb 23-25, 2010	Houston, TX
Mar 9-11, 2010	Arlington, TX
Jun 15-17, 2010	Bentonville, AR

**OSHA 3010**

Fee: \$595

**Excavation, Trenching and Soil Mechanics**

This course provides instruction on the OSHA standards and safety aspects of excavation and trenching. Participants learn the principles of practical soil mechanics and its relationship to the stability of shored and unshored slopes and walls of excavations. Various types of shoring (wood timbers and hydraulic) are covered, testing methods are demonstrated and an exercise is completed using instruments such as penetrometers, torvane shears and engineering rods.

Sep 28-30, 2009	Austin, TX
Jan 14-16, 2010	Woodward, OK
Mar 30-Apr 1, 2010	Arlington, TX
May 11-13, 2010	West Monroe, LA

**OSHA 3095**

Fee: \$595

**Electrical Standards**

This course utilizes the OSHA standards and the National Electrical Code to provide an overview of electrical installations and equipment with emphasis on controlling electrical hazards. Participants gain knowledge of single and three phase systems, energized parts, cord and plug connected equipment, fixed equipment, grounding, ground fault circuit interrupters, personal protective equipment, hazardous energy control, first aid or medical services, and safe work practices. Special emphasis is placed on electrical hazard recognition and OSHA inspection procedures.

Aug 3-5, 2009	Arlington, TX
Oct 6-8, 2009	Austin, TX
Oct 26-28, 2009	Tulsa, OK
Nov 12-14, 2009	Woodward, OK
Feb 3-5, 2010	Houston, TX
Jun 1-3, 2010	Bentonville, AR

**OSHA 3110**

Fee: \$595

**Fall Protection**

This course will familiarize participants with OSHA standards regarding fall protection as well as with the latest technology, equipment and methods to protect employees from falls. Specific topics include components of fall arrest systems and the limitations of fall arrest equipment as well as an emphasis on the most hazardous situations and most frequently cited OSHA violations.

Aug 17-19, 2009	Albuquerque, NM
Oct 12-14, 2009	Arlington, TX
Nov 9-11, 2009	Houston, TX
Dec 8-10, 2009	Austin, TX
Mar 3-5, 2010	Houston, TX
Apr 6-8, 2010	Oklahoma City, OK
May 25-27, 2010	Bentonville, AR

**OSHA 5400**

Fee: \$695

**Trainer Course for the Maritime Industry**

This course is designed for personnel interested in teaching the OSHA 10- and 30-Hour Maritime Outreach courses. Special emphasis is placed on those topics that are required in the outreach program as well as on those areas that are the most hazardous. Various instructional approaches and the effective use of visual aids and handouts will also be covered. A written examination is given at the conclusion of the course. Successful completion of this course and the final examination allows participants to conduct OSHA 10- and 30-Hour Maritime classes and issue OSHA cards in three different topic areas: Shipyard Employment, Marine Terminals and Longshoring. Prerequisite: Two years maritime industry experience and at least one of the following; Two years of occupational safety and health experience (with a broad focus) in any industry, A degree in occupational safety and health from an accredited college or university, or Certification as an Associate Safety Professional (ASP), Certified Safety Professional (CSP), or Certified Industrial Hygienist (CIH), Certified Marine Chemist (CMC), or Certified Safety Health Manager (CSHM).

Aug 24-27, 2009	Houston, TX
Apr 20-23, 2010	New Orleans, LA

**OSHA 5600**

Fee: \$695

**Disaster Site Worker Trainer Course**

This course is designed as a training program for disaster site workers who provide skilled support services, (e.g. utility, demolition, debris removal, or heavy equipment operation) or site clean-up services in response to natural and man-made disasters. Course participants will learn the essential information that all workers at disaster sites need to be aware of as well as the differences between disaster sites and regular construction or demolition worksites. This course allows the participant to become authorized by OSHA to conduct a 16-hour Disaster Site Worker Course (OSHA 7600) and issue cards to participants verifying course completion.

Mar 16-19, 2010	Bentonville, AR
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**OSH 300**

Fee: \$595

**Safety Standards for Scaffolding**

This course will familiarize participants with the procedures, regulations, and safety standards for scaffolding. Scaffold users and safety professionals will benefit from this course by learning to control and eliminate hazards associated with scaffolding systems such as the use of frame scaffolding, rolling scaffolding, tube and clamp, system scaffolding, and suspended scaffolding.

Feb 9-11, 2010	Arlington, TX
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**CEE 101**

Fee: \$695

**Introduction to Environmental Compliance and Management**

This course is designed to give safety professionals the tools they need to ensure their workplace is in compliance with environmental regulations, reduce environmental risk and anticipate pending environmental issues. The course will cover the basics of environmental regulations and demonstrate how to identify pertinent regulations. It will also cover how to manage common tasks associated with an environmental department such as permitting, avoiding violations, preparing for an inspection, keeping records and preparing reports. The course will follow a case study through each media to allow attendees to apply knowledge of topics discussed during the course.

Aug 10-13, 2009  
Jan 19-22, 2010  
Mar 9-12, 2010

Arlington, TX  
Arlington, TX  
Oklahoma City, OK

**CEE 201**

Fee: \$595

**Fundamentals of Air Quality**

This course will assist participants in navigating air quality regulations. Significant air regulations and the industry implications are covered. This course is beneficial to environmental, health and safety professional as well as operations personnel, process engineers, environmental attorneys and others who need an introduction or update on federal air quality regulations.

Mar 30-Apr 1, 2010

Houston, TX

**CEE 301**

Fee: \$595

**Basic Water and Wastewater Regulations**

This course includes an overview of the National Pollutant Discharge Elimination System (NPDES) and Clean Water Act (CWA). The course covers the following NPDES permit types: storm water, industrial wastewater, Publicly Owned Treatment Works (POTW), and pre-treatment. Participants will develop permitting strategies that meet and exceed applicable regulatory standards within their industry.

Jul 20-22, 2009

Arlington, TX

**CEE 401**

Fee: \$595

**Waste Management**

This course is designed for professionals who need to understand rules and regulations for managing, storing and shipping hazardous waste. The course will also deal with the basics of managing non-hazardous waste, permitting processes, common violations and waste minimization.

Oct 19-21, 2009  
Jun 29-Jul 1, 2010

Houston, TX  
Arlington, TX

**CEE 402**

Fee: \$595

**Pollution Prevention and Lean Principles**

This course will provide you with the opportunity to improve the efficiency of your organization through the elimination of pollutants and the application of lean principles. The first two days will be an interactive workshop lead by experts in pollution prevention, environmental management systems (EMS), environmental regulations, and energy efficiency. The course will walk you through the process of composing a pollution prevention plan or renewing your pollution prevention plan to ensure you get the most from your efforts. The third day will provide a comprehensive overview of principles of lean operations so you are equipped to improve the bottom line, reduce your regulatory burdens, and increase the overall efficiency of your organization.

Sep 23-25, 2009  
Oct 28-30, 2009

Fort Worth, TX  
San Antonio, TX

**RM 101**

Fee: \$695

**Safety, Health, and Environmental Risk Management (SHERM) Principles**

This course will provide an overview of the risk management and insurance profession from the health and safety program perspective. Specific topics covered will include identifying and analyzing loss exposures; risk management alternatives; implementation and monitoring the effectiveness of selected risk management techniques; and suggested strategies for improving environmental, safety, and health programs using risk management principles.

Sep 28-Oct 1, 2009  
Feb 16-19, 2010  
Apr 27-30, 2010  
Jun 15-18, 2010

Arlington, TX  
Austin, TX  
Arlington, TX  
Houston, TX

**Now Available****OSHA 6000 Collateral Duty Course for Other Federal Agencies****Call to inquire at 866-909-9190 or go online at****[uta.edu/ded/osha/6000](http://uta.edu/ded/osha/6000)**



# ACCIDENT INVESTIGATION CERTIFICATE PROGRAM

You asked for it, so here it is.

Every year thousands of employees are injured on the job. As a result someone has to investigate. If that someone is you, do you know what to do and what not to do? This certificate program will walk you, step-by-step, through the whole process. You will conduct investigations for multiple simulated accidents. You will learn how to make solid recommendations based on the facts of the investigation and how to defend your work if ever your investigation is called into question.

**OSHA 7505**

Fee: \$395

## Introduction to Accident Investigation

Introduction to accident investigation provides an introduction to basic accident investigation procedures and describes accident analysis techniques. The goal of the course is to help participants gain the basic skills necessary to conduct an effective accident investigation at their workplace. The target audience is the small employer, manager, employee or employee representative who, as part of a firm's safety and health system, would be involved in conducting accident and/or near-miss investigations.

Sep 2-3, 2009

Arlington, TX

**OSH 700**

Fee: \$195

## Digital Photography for Accident Investigation

This course will teach you how to properly photograph the scene of an accident. You will also learn the mistakes that many people make when taking pictures of the accident scene.

**Prerequisite:** OSHA 7505 Introduction to Accident Investigation.

Sep 4, 2009

Arlington, TX

**OSH 701**

Fee: \$695

## Advance Accident Investigation

This course will teach you how to conduct an accident investigation that will aid you in determining contributing factors that lead to the injury or fatality and how to develop a course of action to prevent future problems. You will also learn the importance of conducting a thorough investigation in a consistent manner that will, if necessary, stand up in court. This course will also teach you how to calculate the costs associated with an accident.

**Prerequisite:** OSH 700 Digital Photography for Accident Investigation.

Sep 22-25, 2009

Arlington, TX

# CONFERENCES

Visit us at the following conferences where we will be speaking and exhibiting.

25th Annual National VPPPA Conference

**OSHA 7505 Introduction to Accident Investigation**

Aug 23, 2009

San Antonio, TX

For more information and registration please visit  
<http://www.vpppa.org/Conference/index.cfm>.

The American Society of Safety Engineers (ASSE)

Zia Section Annual Professional

Development Conference

**OSHA 7410 Managing Excavation Hazards**

Sep 28, 2009

Las Cruces, NM

For more information and registration please visit  
<http://asse-ziasection.org/Conference.aspx>.

# ★ CERTIFICATE PROGRAMS ★



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PROFESSIONAL**



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## ★ ACADEMIC CREDIT ★

The Region VI OSHA Education Center and NorthWest Arkansas Community College (NWACC) are pleased to present to all safety professionals the opportunity to earn a college degree. Upon successful completion of the nationally recognized Certified Safety and Health Official (CSHO) program with the Region VI OSHA Education Center you can receive 18 academic credit hours. In pursuing a CSHO, the Region VI OSHA Education Center proudly accepts courses from any other OSHA Training Institute Education Center. After earning your CSHO through the Region VI OSHA Education Center, you simply apply your credit hours towards the online Associate of Applied Science degree in Environmental and Regulatory Science offered through NWACC.

## ★ CONSULTING ★

In addition to training, call our professional safety consultants for site audits, reporting support or other assistance with your safety, health or environmental programs.

## ★ CONTRACT TRAINING ★

Bring any of our professional courses to your selected location. You will receive specialized training to meet your needs while saving time and money.



The University of Texas at Arlington

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Region VI OSHA Education Center  
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