

Academic Major Options

- BS in Athletic Training with All-level Teaching Certificate
- BS in Athletic Training [non teaching]
- BA in Athletic Training [non teaching]

Undergraduate Athletic Training Major --Academic Core

- Introduction to Exercise Science (4 hr.)
- Introduction to Athletic Training (3 hrs.)
- Introduction to Athletic Training Lab (1 hr.)
- Applied Kinesiology (3 hrs.)
- Biomechanics of Human Movement (3 hrs.)
- Physiology of Exercise (3 hrs.)
- Lower Extremity Evaluation (3 hrs.)
- Upper Extremity Evaluation (3 hrs.)
- Pathology and Pharmacology (3 hrs.)
- Therapeutic Modalities (3 hrs.)
- Musculoskeletal Rehabilitation (3 hrs.)
- Organization and Administration in Athletic Training (2 hrs.)
- Seminar in Athletic Training (2 hrs.)
- Clinical Practicum I, II, III IV, V, VI (1 hr. each)

Total Hours for Major Core Curriculum in Athletic Training:
42 hours

The following related courses are also required within each of the three Athletic Training degree plans:

- Anatomy and Physiology I (4 hrs.)
- Anatomy and Physiology II (4 hrs.)
- Data Acquisition (3 hrs.)
- Strength and Conditioning (3 hrs.)
- Nutrition (3 hrs.)

The remaining coursework for each of the three Athletic Training degree plans varies depending upon the actual degree (i.e., Bachelor of Arts or Bachelor of Science; with or without Teacher Certification).

Faculty

Louise Fincher, EdD, ATC, LAT
Associate Professor/Associate Chair
Director, Athletic Training Education

Cindy Trowbridge, PhD, ATC, LAT, CSCS
Assistant Professor
Clinical Education Coordinator

Paul Krawietz, EdD, ATC, LAT
Clinical Assistant Professor

Roy Rudewick, MEd, ATC, LAT
Head Athletic Trainer
Lecturer, Approved Clinical Instructor

Gina Giammanco, MS, ATC, LAT
Assistant Athletic Trainer
Lecturer, Approved Clinical Instructor

Julia Homuth, MS, ATC, LAT
Assistant Athletic Trainer
Lecturer, Approved Clinical Instructor



ATHLETIC TRAINING EDUCATION PROGRAM

Creating a Legacy of Excellence

For more information about the UT Arlington Athletic Training Education Program, contact:
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Department of Kinesiology
The University of Texas
at Arlington

Program Description:

The undergraduate athletic training major is a 3.5 year program that is divided into two phases: a one-semester Pre-professional Phase (Level 1) followed by a three-year Professional Phase (Levels II—IV). These program phases are described below:

Pre-Professional Phase of Study (Level I)

The Pre-Professional Phase is typically completed during the student's freshmen spring semester at UT Arlington and includes formal classroom and laboratory instruction, as well as directed clinical experiences in a variety of athletic training settings. The Pre-Professional requirements include:*

- KINE 2320 Introduction to Athletic Training (3 credit hours) [Grade of B or better]
- KINE 2120 Introduction to Athletic Training Lab (1 credit hour) [Grade of B or better]
- KINE 2130 Clinical Practicum I (1 credit hour) [Grade of B or better]
- Completion/documentation of a minimum of 120 hours of directed clinical experience in the UT Arlington athletic training room(s) and/or other approved clinical education sites.
- Successful completion/documentation of required competencies with a score of 80% or better.

* Transfer students may complete the Pre-Professional requirements at their current junior or senior college or complete them upon arrival to UT Arlington. Students are encouraged to contact Dr. Lou Fincher as soon as possible to determine the transferability of their coursework and clinical experiences.

Professional Phase of Study (Levels II - IV)

The Professional Phase of the program requires a minimum of five semesters of classroom coursework, laboratory instruction, and structured clinical education. (These requirements must be completed at UT-Arlington). Students are required to complete a minimum of 1500 hours of clinical experience under the supervision of an ACI or CI over the course of the three-year professional phase of study. All students will be required to complete at least two full semesters in an off-campus clinical rotation, therefore students must have a vehicle for transportation to and from the clinical site. All Level II and III students must also complete two football clinical rotations at local high schools. Completion of the program requirements will enable students to take the Board of Certification (BOC) Exam and the Texas Advisory Board of Athletic Trainers' State Licensing Exam.

Program Admission:

Admission to the UT-Arlington ATEP is selective and competitive. Prospective students must complete a Pre-Professional phase of study to be considered for possible admission to the ATEP.

Completion of the Pre-Professional requirements does not guarantee admission to the ATEP. A limited number of students are admitted each year based upon the number of returning students and the number of clinical instructors.



Admission Criteria:

Pre-Professional Phase

1. Admission to The University of Texas at Arlington.
2. Genuine interest in a career in athletic training.
3. Completion of a physical exam.
4. Ability to meet Technical Standards.*

Professional Phase

1. Submission of ATEP application.
2. Submission of two recommendation forms
3. Successful completion of the Pre-Professional Phase requirements.
4. Submission of written essay.
5. Cumulative GPA of 2.5 or higher.
6. Completion of a personal interview with the ATEP Admissions Committee.

* Technical standards for admission to the UTA ATEP are published in the ATEP Handbook and on the ATEP webpage.

Clinical Education

While working under the supervision of their ACI or CI, students are given the opportunity to gain experience in providing comprehensive health care services to athletes and patients within a variety of clinical settings. The UTA ATEP provides clinical experiences within both on-campus and off-campus settings.

On-campus clinical experiences include opportunities to work with student athletes participating in 14 NCAA Division I sports. Off-campus clinical sites include area high schools, sports medicine clinics, physicians' offices, and professional sports teams.

Prior to placement in a clinical education rotation, all athletic training students (Levels I-IV) must meet the following requirements:

- Submit documentation of immunization against hepatitis B, measles, mumps, tetanus, polio, and diphtheria.
- Complete annual OSHA blood borne pathogen training.
- Hold current certification in First Aid and CPR/AED.
- Show documentation of current liability insurance

