

DR. EUGENE W. ANDERSON (1932-1997)

Dr. Eugene W. Anderson was Professor and Chair of the Department of Exercise, Sport and Health Studies at The University of Texas at Arlington from 1978-1994. At the time of his death, Dr. Anderson was in the cherished position of a modified service-retired Professor (50% employment) in his 19th year in our Exercise, Sport and Health Studies department. His professional career of over 40 years included service as an assistant vice-president for academic affairs, university department chair, college coach, high school instructor and high school coach.

Eugene W. Anderson received his Bachelor of Science in Physical Education in 1954 and the Master of Science in 1959 from Fort Hays State University in Kansas. He received the Doctorate in Education in Physical Education from Arizona State University in Tempe, Arizona in 1970.

Dr. Anderson's Sport Performance career began with the Kinsley, Kansas Coyotes where he participated in four years each of football, basketball and track. He continued in the athletic world at Fort Hays State University by participating in football (one year), basketball and track where he finished fourth in the high jump at the NAIA National Meet. After serving two years in the United States Army in Fort Bliss, Texas, Dr. Anderson taught history, health, drivers' education, boys and girls physical education and coached the Wildcats in Hanover, Kansas. He then was a high school instructor of history and coached football, basketball and track for two years in Hays, Kansas. Upon the completion of his Masters' Degree, he was employed at Olivet College in Olivet, Michigan from 1960-64 as an assistant professor of physical education and assistant football coach, head basketball coach and golf coach. He then became an assistant professor of physical education and basketball coach at Chico State College in Chico, California (1964-68). In 1968, Dr. Anderson became Chair of the Physical Education Program and subsequently in 1972, Professor and Chair of the Division of Health, Physical Education and Athletics at Southwest State University in Marshall, Minnesota. In 1977-78, he was the Assistant Vice President for Academic Affairs at the same institution.

Dr. Anderson was very prominent in the development of our current Exercise, Sport and Health Studies academic program. During his tenure at UTA, the Health Education and Dance minors were developed. The Bachelor of Science in Exercise Science degree was started for students in the Allied Health Sciences. The physical education-athletic coaching degrees, along with certification for teaching K-12 were shaped and refined. Dr. Anderson's expertise and appreciation for science in sport and performance created the popular Biophysical Principles of Human Movement class (there are currently two lecture and five laboratory sections per semester). His understanding of the acquisition of motor skills dramatically influenced the pedagogy curriculum. His experiences in sport and coaching directly impacted the departmental performance curriculum. Perhaps Dr. Anderson's most intense interest, in addition to curriculum, was in how the curriculum affected facility development. In the 1981-85 academic years, he gave numerous hours to the planning of an educational facility for our ESHS academic unit. The facilities' blueprint included numerous laboratories, classrooms, learning centers, student, faculty and activity areas that would have provided an educational setting that would be comparable to the academic program he helped create. The facilities' plans continue to be a model for our departmental future.



The Department of Kinesiology, History and Women's Studies

present

The 12th Anderson Sport Performance Lecture

With

Dr. Jan Suffolk Todd

Associate Professor, Dept. of Kinesiology
and Health Education
The University of Texas at Austin

**“Ironmaidens: An Illustrated History
of Women & Strength Training”**

Monday, February 11, 2002 – 12:00 Noon

Lone Star Auditorium
Activities Building

THE ANDERSON SPORT PERFORMANCE LECTURE

Overview:

The curriculum of the Department of Kinesiology includes the study and practice of sport. It is clearly understood that sport is a significant element of our culture and that it is conducted in a variety of settings and for a variety of purposes. Therefore, this lecture is established to provide all interested individuals an opportunity to broaden their understanding of this culture phenomenon.

Purposes:

1. This activity is designed to supplement the department's educational mission through presentations and interactions with significant professionals from various areas of the sport culture.
2. This activity is designed to recognize significant professionals from the area who are making contributions to our sport culture and can provide different perspectives relative to sport performance.
3. This activity is designed to develop more interaction with sport enterprise outside the department and the university.

Previous Anderson Sport Performance Lectures:

Fall 1998	William P. Morgan, Ph.D., University of Wisconsin-Madison. "The Role of Hypnosis in Exercise and Sport Science"
Spring 1999	Mark A. Thompson, Ph.D., University of Kansas. "Finding the Good: Psychological Skills for Coping in Sport and Life"
Fall 1999	Peter G. Snell, Ph.D., UT Southwestern Medical Center. "Watching Sports Rather than Playing: A Challenge for Physical Education in the New Millenn"
Spring 2000	David H. Arnott, Ph.D., Dallas Baptist University. "Corporate Cults"
Fall 2000	Eric Nadel, B.A., Texas Rangers Major League Baseball Club. "The Professional Athlete and Society: His Relationship with the Fans and the Media"
Spring 2001	Dr. Dale Pease, Professor, University of Houston "Threat or Challenge: Your Approach to Competition?"
Fall 2001	Brad Mayne, B.S., President & CEO of Center Operating Co. "The American Airlines Center Project: A Public-Private Partnership"

Introduction by Dr. George C. Wright, Executive Vice President/or Academic Affairs and Provost.

Jan Todd, Ph.D.

Jan Todd is both a sport historian and a well-known expert on strength training who teaches in the Department of Kinesiology and Health Education at the University of Texas at Austin. There she teaches courses in sport and exercise history, sport and ethics, and serves as the Undergraduate Program Director. She has written two books: *Physical Culture and the Body Beautiful: Purposive Exercise in the Lives of American Women* (Mercer University Press, 1998), a history of women's exercise in the nineteenth century; and, with her husband, Terry Todd, *Lift Your Way to Youthful Fitness* (Little-Brown, 1985). *Lift* was the first book published in the United States to argue that weight training could be used to offset the aging process. She is presently working on a cultural history of Muscle Beach for Syracuse University Press and is editing an anthology for UT Press based on the *Olympia's Daughters: Gender Sport and the Millennium* conference she organized in 2000.

With her husband, Terry Todd, Jan serves as the co-director of the Todd-McLean Physical Culture Collection, the largest archive in the world in the field of physical fitness, strength training and bodybuilding. In 1990, Jan and Terry began publishing *Iron Game History*, a quarterly journal exploring the history of weight training and physical culture. She helped write the NSCA's "Position Paper on Strength Training for Female Athletes" (1989) and received the NSCA's Presidents Award in 1990 for her work on that publication. Todd has written more than a hundred articles in popular and scholarly journals on various aspects of strength training and exercise and currently serves on the editorial board of ACSM's *Health and Fitness Journal*. In 1998, Todd was the D. B. Dill Historical Lecturer for the American College of Sports Medicine at their annual meeting in Orlando. She was also a keynote speaker at the ACSM's 1999 Fitness Summit in New Orleans.

Todd's interest in the academic study of strength and exercise grew from her personal involvement in the sport of powerlifting. In the 1970s and early 1980s, Todd was considered by both *Sports Illustrated* and the *Guinness Book of Records* to be the "strongest woman in the world". She was the first woman inducted into the International Powerlifting Hall of Fame and in 1992 received the lifetime achievement award of the Oldtime Barbell and Strongman Association. Todd set world records in five bodyweight classes during her 12-year powerlifting career. Her personal bests were 545 in the squat, 209 in the bench and 479 in the deadlift. She was one of eight women nominated for inclusion in the Women's Sports Hall of Fame in 1992 for her accomplishments as an athlete and for her work as an administrator in powerlifting. She has also appeared on numerous television shows including *Johnny Carson's Tonight Show*, *That's Incredible*, *Good Morning America*, and *Today*.