

DR. EUGENE W. ANDERSON (1932-1997)

Dr. Eugene W. Anderson was Professor and Chair of the Department of Exercise, Sport and Health Studies at The University of Texas at Arlington from 1978-1994. At the time of his death, Dr. Anderson was in the cherished position of a modified service-retired Professor (50% employment) in his 19th year in our Exercise, Sport and Health Studies department. His professional career of over 40 years included service as an assistant vice-president for academic affairs, university department chair, college coach, high school instructor and high school coach.

Eugene W. Anderson received his Bachelor of Science in Physical Education in 1954 and the Master of Science in 1959 from Fort Hays State University in Kansas. He received the Doctorate in Education in Physical Education from Arizona State University in Tempe, Arizona in 1970.

Dr. Anderson's Sport Performance career began with the Kinsley, Kansas Coyotes where he participated in four years each of football, basketball and track. He continued in the athletic world at Fort Hays State University by participating in football (one year), basketball and track where he finished fourth in the high jump at the NAIA National Meet. After serving two years in the United States Army in Fort Bliss, Texas, Dr. Anderson taught history, health, drivers' education, boys and girls physical education and coached the Wildcats in Hanover, Kansas. He then was a high school instructor of history and coached football, basketball and track for two years in Hays, Kansas. Upon the completion of his Masters' Degree, he was employed at Olivet College in Olivet, Michigan from 1960-64 as an assistant professor of physical education and assistant football coach, head basketball coach and golf coach. He then became an assistant professor of physical education and basketball coach at Chico State College in Chico, California (1964-68). In 1968, Dr. Anderson became Chair of the Physical Education Program and subsequently in 1972, Professor and Chair of the Division of Health, Physical Education and Athletics at Southwest State University in Marshall, Minnesota. In 1977-78, he was the Assistant Vice President for Academic Affairs at the same institution.

Dr. Anderson was very prominent in the development of our current Exercise, Sport and Health Studies academic program. During his tenure at UTA, the Health Education and Dance minors were developed. The Bachelor of Science in Exercise Science degree was started for students in the Allied Health Sciences. The physical education-athletic coaching degrees, along with certification for teaching K-12 were shaped and refined. Dr. Anderson's expertise and appreciation for science in sport and performance created the popular Biophysical Principles of Human Movement class (there are currently two lecture and five laboratory sections per semester). His understanding of the acquisition of motor skills dramatically influenced the pedagogy curriculum. His experiences in sport and coaching directly impacted the departmental performance curriculum. Perhaps Dr. Anderson's most intense interest, in addition to curriculum, was in how the curriculum affected facility development. In the 1981-85 academic years, he gave numerous hours to the planning of an educational facility for our ESHS academic unit. The facilities' blueprint included numerous laboratories, classrooms, learning centers, student, faculty and activity areas that would have provided an educational setting that would be comparable to the academic program he helped create. The facilities' plans continue to be a model for our departmental future.



The Department of Exercise, Sport & Health Studies

presents

The 5th Anderson Sport Performance Lecture

With

Dr. William P. Morgan

**Professor, Department of Kinesiology
Director, Sport Psychology Laboratory
University of Wisconsin-Madison**

**“The Role of Hypnosis in Exercise and
Sport Science”**

Wednesday, October 28, 1998 – 12:00 Noon

Lone Star Auditorium

Activities Building

THE ANDERSON SPORT PERFORMANCE LECTURE

Overview:

The curriculum of the Department of Kinesiology includes the study and practice of sport. It is clearly understood that sport is a significant element of our culture and that it is conducted in a variety of settings and for a variety of purposes. Therefore, this lecture is established to provide all interested individuals an opportunity to broaden their understanding of this culture phenomenon.

Purposes:

1. This activity is designed to supplement the department's educational mission through presentations and interactions with significant professionals from various areas of the sport culture.
2. This activity is designed to recognize significant professionals from the area who are making contributions to our sport culture and can provide different perspectives relative to sport performance.
3. This activity is designed to develop more interaction with sport enterprise outside the department and the university.

Previous Anderson Sport Performance Lectures:

Fall 1996	Mr. Mark Holtz, B.A., Texas Rangers Major League Baseball Club Television Play by Play Announcer, Arlington, TX, "The Media Perspective in Sport"
Spring 1997	Dr. David Cook, President of Mental Advantage, Inc., Fort Worth, TX, "The Mindset of a Champion"
Fall 1997	Don Kyle, Ph.D. "The Pentathlon at the Ancient Greek Olympics: Performance and Problems"
Spring 1998	Abu B. Yilla, Ph.D., UT-Arlington, Exercise, Sport & Health Studies Department. "The Evolution of the High Performance Sport Chair:"

DR. WILLIAM P. MORGAN

Dr. William P. Morgan is Professor in the Department of Kinesiology, and Director of the Sport Psychology Laboratory at the University of Wisconsin-Madison. He received his doctorate from the University of Toledo with a dual major in psychology and physical education, and this was followed by post-doctoral training in psychophysiology at the Institute of Environmental Stress, University of California-Santa Barbara. A Fellow of the American Psychological Association, Society for Personality Assessment, American College of Sports Medicine, Society for Clinical and Experimental Hypnosis, and the American Academy of Physical Education, he has specialized in sport psychology with particular emphasis on the psychobiologic interaction of exercise, sports and mental health. He is the editor of four books dealing with sport psychology, physical activity and mental health, and he has authored over 25 chapters in edited volumes. Dr. Morgan has published over 100 papers involving personality, perception, hypnosis, motivation, health psychology, psychopathology, and maximal physical performance. Dr. Morgan has conducted research with elite athletes and Olympic teams in sports such as distance running, Rowing, swimming and wrestling, and this research has led to the development of a "mental health model" for use in sport psychology. Dr. Morgan is Past-President of the Division of Psychological Hypnosis, and he was the founding President of the Division of Exercise and Sport Psychology in the American Psychological Association. Dr. Morgan's current research is concerned with (1) the prediction and prevention of panic behavior in extreme environments and (2) the antidepressant and anxiolytic effects of physical activity. His research has been supported by the Sea Grant Institute, NIH, NIMH, U.S. Forest Service, and the United States Olympic Committee.