The University of Texas at Arlington
The Department of Exercise, Sport, and Health Studies
presents
14th Semi-Annual Lecture
of the
Texas American College of Sports Medicine
With
Charles M. Tipton, Ph.D.
University of Arizona

LECTURE:
“The Role of Exercise Training in the Management of Hypertension”

Wednesday, October 13, 1993 – 12:00 Noon
Activities Building                    Lone Star Auditorium
Dr. Charles M. Tipton

Dr. Charles M. Tipton is currently a professor in the Department of Exercise and Sport Science as well as a professor of surgery in the Department of Surgery at the University of Arizona in Tucson. Prior to this time, Dr. Tipton was departmental chair there for seven years. Dr. Tipton was also a professor of Physical Education and Physiology at the University of Iowa from 1963-1984 and an assistant professor of physiology at Springfield College in Massachusetts from 1961-1963. Dr. Tipton's educational degrees were received at Springfield College, Massachusetts (Bachelor of Science), and the University of Illinois in Urbana (Master of Science) and a Ph.D. in physiology with minor in anatomy and biochemistry.

Dr. Tipton has served on numerous national committees and as an editor of various scientific journals. He has served as the president of the American College of Sports Medicine, as a scientific consultant on the President's Council on Physical Fitness and Sports, on the NASA advising committee on exercise physiology programs at Johnson Space Center, on the Wellness Council of Tucson, the Arizona Heart Association and with the U.S. Navy Medical Research Division. Additionally, Dr. Tipton has served as an editor of Medicine and Science in Sports and Exercise and served on the editorial board of the Journal of Applied Physiology, Journal of Cardiopulmonary Rehabilitation, Journal of Exercise Science, Circulation Research, and the American Journal of Physiology. He has also been on a vast variety of national committees, serving as program chair and research proposal reviewer.

Dr. Tipton has a very active publication record as evidenced by over 122 publications in refereed scientific journals as the Journal of Applied Physiology, Respiratory Physiology and Aviation, Space and Environmental Medicine. He has also published over 30 book chapters, manuals or texts, and approximately 200 abstracts in scientific journals. Finally, Dr. Tipton has secured over $2,750,000 in 46 different grants throughout his 30 plus years of service to his chosen profession.

Dr. Tipton's lecture topic today is “The Role of Exercise Training in the Management of Hypertension”. There will be a brief question and answer period at the end of the presentation. Please give Dr. Tipton your attention until the end of the question and answer session. Thank You!