PREVIOUS UTA ACSM LECTURERS

Spring, 1987  Russell R. Pate, Ph.D., University of South Carolina
   “Physiologic Determinants of Endurance Performance”

Fall, 1987  Eddie F. Coyle, Ph. D. The University of Texas at Austin, “Adaptations to Endurance Training Maintained During Periods of Physical Inactivity”

Spring, 1988  Brian J. Whipp, Ph.D., Harbor-UCLA Medical Center
   “Coupling of Ventilation to Metabolism During Exercise”

Fall, 1988  George A. Ordway, Ph.D., The University of Texas Southwestern Medical School, “Adaptation of the Peripheral Vasculature as a Function of Exercise Training”

Spring, 1989  Charlotte A. Tate, Ph.D., Baylor College of Medicine
   “Adaptation of the Heart to Exercise During Old Age”

Fall, 1989  Robert B. Armstrong, Ph.D., University of Georgia
   “Mechanisms Underlying Exercise-Induced Muscle injury”

Spring, 1990  William J. Gonyea, Ph.D., The University of Texas Southwestern Medical School
   “Skeletal Muscle Adaptation to Heavy Resistance Training”

Fall, 1990  Victor A. Convertino, Ph.D., NASA, Kennedy Space Center
   “Considerations for Use of Exercise as Countermeasures for Space Adaptation”

Spring, 1991  Steven N. Blair, P.E.D., Institute for Aerobics Research
   “Physical Activity, Physical Fitness, and the Public’s Health”

Fall, 1991  Benjamin D. Levine, M.D., The University of Texas Southwestern Medical Center
   “Human Performance Physiology: At the Top of the World and Above”

Spring, 1992  John L. Ivy, Ph.D., The University of Texas
   “Enhancement of Muscle Glycogen Resynthesis Post Exercise”

Fall, 1992  Charles J. Dillman, Ph.D., Steadman Sports Medicine Institute
   “Overview of New U.S. Olympic Program”

Spring, 1993  Jere H. Mitchell, M.D., The University of Texas Southwestern Medical Center
   “Athlete’s Heart”

Fall, 1993  Charles M. Tipton, Ph.D., University of Arizona
   “The Role of Exercise Training in the Management of Hypertension”

The University of Texas at Arlington
The Department of Exercise, Sport, and Health Studies
presents
15th Semi-Annual Lecture
of the
Texas American College of Sports Medicine

With
James Pivarnik, Ph.D.
Baylor College of Medicine

LECTURE:  “Exercise and Pregnancy: Current Findings vs. Historical Guidelines”

Wednesday, April 6, 1994 – 12:00 Noon
Activities Building  Lone Star Auditorium
Dr. James M. Pivarnik earned his Ph.D. at Indiana University in 1982 majoring in human performance and minoring in endocrinology and physiology. From 1982-1984, Dr. Pivarnik performed his post-graduate training as an NIH Postdoctoral Fellow in the Department of Physiology at St. Louis University School of Medicine. For seven years (1984-1991), he served as a professor in the Department of Health and Human Performance at the University of Houston. Dr. Pivarnik is currently an Assistant Professor in the Department of Pediatrics and OBGYN at Baylor College of Medicine in Houston, Texas. He also serves as Director of the Wellness Center at Texas Children's Hospital in Houston.

Dr. Pivarnik, a member of 5 national societies related to exercise, medicine, and science, has served as a section editor for Research Quarterly for Exercise and Sport. Additionally, he has been a reviewer of abstracts, articles, and books for numerous journals and professional organizations.

Dr. Pivarnik has a very active publication record as evidenced by over 125 research articles, book chapters and abstracts. His current research interests include: 1) longitudinal assessment and tracking of aerobic fitness levels in children and adolescents, 2) assessment of changes in functional fitness in individuals being treated with growth hormone, and 3) maternal and fetal responses to exercise during pregnancy.

Dr. Pivarnik's lecture topic today is “Exercise and Pregnancy: Current Findings vs. Historical Guidelines”. There will be a brief question and answer period at the end of the presentation. Please give Dr. Pivarnik your attention until the end of the question and answer session. Thank You!