UTA’s vision and mission “prepares students for success through meaningful experiences that cultivate engagement, development, wellbeing, and inclusive communities.” The Department of English supports the mission goals of the University and provides UTA and external resources for the safety and security of our students.

Resources

Books and Websites on Antiracism and Allyship
If you wish to learn more about antiracism and allyship, or if you are already an ally and want to do something, but aren’t sure where to start, you can educate yourself about antiracism and allyship by consulting some of the following resources:

Books

- *How to be an Anti-Racist* by Ibram X. Kendi
- *White Fragility* by Robin DiAngelo
- *Locking Up Our Own* by James Forman
- *The New Jim Crow* by Michelle Alexander
- *They Can’t Kill Us All* by Wesley Lowery

Websites

- Center for Racial Justice in America provides a reading list of recommended books: [https://centerracialjustice.org/resources/reading-lists/](https://centerracialjustice.org/resources/reading-lists/)
- Inspired by Ibram X. Kendi’s antiracism syllabus, Tasha K. Ryals developed an antiracism guide. Ryals is a Black/Latinx woman living in Columbus, Ohio, who works at a public charter high school supporting students post-graduation in college and career. Shareable Antiracism Guide: [https://docs.google.com/document/u/1/d/1hpbuf-jkm9cLzJWqZsETqbE6tZ13Q0UbQz--vQ2avEc/mobilebasic](https://docs.google.com/document/u/1/d/1hpbuf-jkm9cLzJWqZsETqbE6tZ13Q0UbQz--vQ2avEc/mobilebasic)
- Assistant Editor of Square Peg Books, Mireille Cassandra Harper, tweeted a series of on allyship with over 50,000 likes and counting: [https://twitter.com/mireillecharper/status/1266335563197501440?s=21](https://twitter.com/mireillecharper/status/1266335563197501440?s=21)
- MLA Humanities Commons Antiracist Resources: [https://antiracistresources.hcommons.org](https://antiracistresources.hcommons.org)

Mental Health Contacts
If you need to talk to a professional counselor, UTA provides counseling services. There are other health organizations in DFW available. The Therapy for Black Girls and Beam websites offer access to a network of licensed Black professional counselors.

- UTA Counseling and Psychological Services: (817) 272-3671
- Mavs Talk 24 Hour Crisis Line: (817) 272-8255
- Tarrant County MHMR 24 Hr ICare Crisis Line: (817) 335-3022
- Dallas Co/North TX Behavioral Health Authority Crisis Line: (866) 260-8000
- Therapy for Black Girls: [https://therapyforblackgirls.com](https://therapyforblackgirls.com)
- Black Virtual Therapist Directory: [https://www.beam.community](https://www.beam.community)

Food Banks
If you need access to food, the two major food banks in the DFW region include:

- Tarrant Area Food Bank: (817) 857-7100
- North Texas Food Bank: (214) 330-1396

Legal Resources
If you need legal advice or assistance, the websites below provide attorney contact information.

- UTA Legal Affairs: https://www.uta.edu/legalaffairs/home-related-links/faqs.php
- Legal Defense Fund: https://www.naacpldf.org

Civic Participation
If you decide to exercise your right to protest, research and prepare ahead of time. These links provide information on how to prepare.

- Teen Vogue: https://www.teenvogue.com/story/how-to-prepare-protest

Modern Language Association Statement
https://www.mla.org/About-Us/Governance/Executive-Council/Executive-Council-Actions/2020/MLA-Statement-Deploring-Systemic-Racism