CLASSICAL CONDITIONING- IMPLICATIONS FOR TEACHING

1. Avoid classically conditioned negative emotions. Anticipate situations where negative emotions might be learned through classical conditioning.

2. Link learning with positive emotions. Arrange repeated pairing of positive feelings with certain kinds of learning, especially subjects that are anxiety provoking.

3. Teach students to generalize and discriminate appropriately. Poor performance on one assignment or test does not mean that the student is a poor performer.

4. Help students cope with classically conditioned anxiety. Help students learn to relax when facing anxiety provoking situations.