

## **I.N.H. – (ISONIAZID) MEDICATION INFORMATION**

Your positive skin test reaction shows that you have been exposed to the Tuberculosis bacteria and that the Tuberculosis bacteria is present in your body. Your chest x-ray shows that you DO NOT have active or infectious Tuberculosis. However, because you are at higher risk of developing active Tuberculosis sometime later in your life, we recommend that you take medication to prevent this. This medication, called INH (Isoniazid), when taken every day for nine months, will usually kill the Tuberculosis bacteria in your body, so you will not develop the active disease.

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### **How to take INH**

1. Take one pill (300mg) every day. Try to take your pill at the same time each day. If you miss a day DO NOT take extra pills the next day.
  2. One pill must be taken EVERY DAY FOR 9 MONTHS to prevent resistant strains of bacteria.
  3. For the best results, take vitamin B6 (Pyridoxine 50mg) each day with INH.
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### **Monthly Refill**

Every month you will need to return to Immunization Clinic for your INH prescription, and the nurse will ask you questions concerning any problems that you might be having with the medicine. If everything is okay, the nurse will give you a prescription for 30 pills, and you will take the prescription to the Pharmacy to get it refilled.

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### **Side Effects**

Side effects are potential reactions from a medication not intended to happen. Side effects are very infrequent when taking INH. However, you should tell the nurse if:

1. You experience a rash with itching over more than one area of your body.
  2. Your urine becomes dark, like coffee or tea, or stool color becomes lighter.
  3. The whites of your eyes or your skin becomes yellow.
  4. You become very nauseated or experience abdominal cramping after taking the medication.
  5. You become extremely fatigued (tired) without reason.
  6. You have any problem with your vision.
  7. You experience numbness or tingling in your hands or other parts of your body.
  8. You experience any lymph gland enlargement.
  9. You experience any hearing loss.
  10. You experience any joint pain.
  11. You experience any fever.
  12. You experience any dizziness.
  13. You experience any nausea and vomiting.
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### **While Taking Your INH Medication**

1. DO NOT DRINK ALCOHOLIC BEVERAGES.
  2. For female patients, take EXTRA PRECAUTIONS TO PREVENT PREGNANCY while taking INH.
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*For INH treatment, please contact UTA Health Services – Immunization clinic at (817) 272-7143*