Athletes receive a confirmation letter upon receipt of their registration. This letter details what items are needed, where to report and a daily schedule of workouts. Housing for resident campers is in the Arlington Hall residence hall on campus. Rooms are double occupancy and requests are made on the camper registration form. Residence halls are supervised by UT Arlington staff and camp counselors. Meals are provided in the campus dining hall. Snacks are available for purchase in the campus market.

Questions
Doug Garner
Head Coach, Movin’ Mavs Wheelchair Basketball
Email: dgarner@uta.edu
Phone: 817-272-3410
Cell Phone: 501-655-6507

Housing, Meals and What to Bring:

ATHLETES: Arriving to Arlington

Athletes are encouraged to fly into the Dallas-Fort Worth Airport. Transportation to and from the airport is provided and schedules need to be communicated with the camp registration form. Residence halls are supervised by UT Arlington staff and camp counselors. Meals are provided in the campus dining hall. Snacks are available for purchase in the campus market.

ATHLETE REGISTRATION FORM

Check out our Facebook page for up-to-date information on the Adapted Sports Camp!

The University of Texas at Arlington
Movin’ Mavs
801 W. Greek Row
Arlington, TX 76019
www.uta.edu/movinmavs
Check us out on Facebook!

Adapted Sports Camps
2015

The University of Texas
Arlington

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Adapted Sports Camps
2015
Doug Garner, head coach of The University of Texas at Arlington Movin’ Mavs serves as camp director. Coach Garner has a M.S. in behavioral science and a M.Ed. in education/curriculum and instruction along with over 30 years working in youth sports. The past 22 years have been spent coaching in the field of disability sport and wheelchair basketball. He has coached the USA Under 20 Team on travels to Australia, served on several US Paralympic/NWBA selection committees for U.S. National Team selections and as an assistant coach with the USA National Junior Team.

**Arrive around noon on the first day of camp and depart before noon on the last listed day of camp.**

**Meet for breakfast:** 7:50 a.m.
**At gym (courts) ready for warm-up:** 9:00 a.m.
**Individual and group training:** 9:00 a.m.
**Leave for lunch:** 12:00 p.m.
**Meet to return for afternoon session:** 1:50 p.m.
**Individual and group training:** 2:00 p.m.
**Leave for dinner:** 5:00 p.m.
**Meet to return for evening session/games:** 7:00 p.m.
**Return to residence hall:** 9:00 p.m.
**Lights out:** 10:30 p.m.

Training sessions focus on learning and using fundamental wheelchair sports principles in a fun and challenging environment. Basic wheelchair sport skills are developed along with goal setting, mental training, age appropriate conditioning programming and nutritional/lifestyle awareness. Campers are encouraged to set personal goals for their time at the wheelchair basketball and wheelchair tennis camps and share these goals with their instructors. At UT Arlington we believe that a holistic approach to developing healthy and confident athletes will contribute to long-term success both on the court as future athletes and off the court as students and members of the community.

Wheelchair basketball camp is limited to 60 athletes. Wheelchair tennis camp is limited to 12 athletes.

**Junior Wheelchair Basketball & Tennis Camp**
The UT Arlington wheelchair basketball and tennis camps are designed for student athletes between the ages of 8 and 25 who have mobility impairments as their primary disability. Students should be fully independent in personal care and a desire to learn more about their chosen sport. There is a veteran’s option for injured service veterans.

**Veteran’s Camp**
Travel and training support is available for the first 20 veterans to cover costs of attending the veteran’s camp.

**Curriculum for all Camps**
Camp curriculum is designed to meet the needs of student athletes at all levels, from beginning athletes to more experienced athletes working to make USA national teams. Campers are grouped by age and ability level for daily training. The daily curriculum and activities are based in part on the curriculum and activities used by USA national teams training for international competitions and the UT Arlington Movin’ Mavs college program.

**Training Programs**
The daily training programs are designed to meet the developmentally appropriate needs of our athletes. Instruction in proper fundamentals in selected sports is the foundation of the camp curriculum. Athletes are also divided into teams (doubles teams for tennis), and a tournament style format is built into the training program to give athletes the opportunity to simulate competition style training and experiences. Adapted sports camp includes track & field, tennis, and weight training.

**Sample Daily Schedule**
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**Cost and Scholarships**

| Residential (over-night) Campers* | $410 |
| Commuter Campers | $299 |

* Resident fees include room and board, secondary insurance, administrative costs, instructional costs, camp apparel, meals and transportation to and from the airport. Commuter fees include instructional costs, camp apparel, lunch and dinner.

Limited scholarships are available. Scholarships are awarded based on the order of received requests. Campers interested in applying for a camp tuition scholarship need to send a letter of interest with a short paragraph detailing why you should receive a scholarship to Doug Garner (dgarner@uta.edu) by July 10, 2015. A scholarship committee will review the requests and reply as soon as possible!

**Camp Staff**
Doug Garner, head coach of The University of Texas at Arlington Movin’ Mavs serves as camp director. Coach Garner has a M.S. in behavioral science and a M.Ed. in education/curriculum and instruction along with over 30 years working in youth sports. The past 22 years have been spent coaching in the field of disability sport and wheelchair basketball. He has coached the USA Under 20 Team on travels to Australia, served on several US Paralympic/NWBA selection committees for U.S. National Team selections and as an assistant coach with the USA National Junior Team.

**Adapted Sports Camp**
The Rees-Jones Foundation provides a grant for an adapted sports camp (wheelchair tennis, wheelchair basketball, track and field) for residents of Texas who are involved in the Texas University Interscholastic League adapted sports competitions. The grant covers the costs of 20 athletes and 10 coaches to attend the camp and learn more about adapted sports training, curriculum and equipment.

**Veteran’s Camp**
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**Junior Wheelchair Basketball & Tennis Camp**
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**Curriculum for all Camps**
Camp curriculum is designed to meet the needs of student athletes at all levels, from beginning athletes to more experienced athletes working to make USA national teams. Campers are grouped by age and ability level for daily training. The daily curriculum and activities are based in part on the curriculum and activities used by USA national teams training for international competitions and the UT Arlington Movin’ Mavs college program.

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