

**The University of Texas at Arlington School of Nursing
The Center for Hispanic Studies in Nursing and Health**

Annual Report

September 1, 2007-August 31, 2008

Mary Lou Bond, PhD, RN, ANEF, FAAN, Co-Director

Wendy J. Barr, PhD, RN, Co-Director

Mission of the Center

- Provide educational programs that assist health care providers to gain knowledge and skills needed to deliver culturally sensitive and competent care
- Increase understanding of health through research of individual experience and cultural meanings
- Foster understanding between health care professionals and peoples of Hispanic origin
- Promote interdisciplinary and inter-university collaboration to address bicultural issues facing health care professionals

Structure of the Center

The Center for Hispanic Studies in Nursing and Health is administered by two Co-Directors with the support of five Associates, an Advisory Council and a “work study” student from UT Arlington. Associates and Advisory Council members are individuals who have special interest and/or expertise in issues related to the health of the growing Hispanic population. As volunteers, they assume responsibilities for selected aspects of the work of the Center (see Appendix A for Organizational Chart and Role Descriptions).

Associates of the Center

UTA School of Nursing Associates

- Mary Jane Ashe, RN, MSN, Assistant Director, Undergraduate Student Services Offices, assumes responsibility as liaison with the Hispanic Student Nursing Association and other student organizations
- Dr. Donelle Barnes, Associate Professor, assumes responsibilities for identification and assistance with implementation of selected research projects
- Dr. Ferne Kyba, Clinical Professor Emerita, assumes responsibilities for oversight of fund raising activities and collaborates with the UTA Office of Development to identify appropriate sources for support of Center initiatives

Community Associates

- Jose Alejandro, MSN, MBA, Director of Case Management at Parkland Health and Hospital System, assumes responsibility for selected fundraising activities, primarily identification of community resources/contact persons
- San Juanita Garcia, RN, BSN, serves as faculty for Medical Spanish continuing education courses

Advisory Council Members

- Dr. Carolyn Cagle, Associate Professor, Texas Christian University, Harris School of Nursing
- Dr. Carolyn L. Cason, Associate Dean for Research in the School of Nursing and Director, Center for Nursing Research
- Dr. Adela Gonzalez, Executive Director for the Center for South Texas Programs, The University of Texas Health Science Center at San Antonio
- Dr. Casey Gonzales, Director of Multicultural Outreach and Assistant Dean of Students, UTA
- Marygrace Hernandez-Leveille, MSN, PhD candidate, UTA
- Dr. Suzan Kardong-Edgren, Assistant Professor, Washington State University
- Dr. Mary Elaine Jones, Brig. General Lillian Dunlap Professorial Chair in Nursing, University of the Incarnate Word, San Antonio, Texas and Co-Founder, Hispanic Center
- Sylvia Alonzo Rawlings, Director of the Center for Rural Health Outreach

Staff

- Brenda Vidales, UTA international business major, assumes responsibility for clerical support and assists with marketing activities

Objectives of the Center

1. Support research contributing to the knowledge base of health care issues relevant to the Hispanic populations.

Two awards of \$1000 each were given to Dr. Cheryl Anderson and Marygrace Hernandez Leveille. Dr. Anderson is studying the psychological impact of childbirth among Hispanic adolescents. Mrs. Leveille is completing data collection for her

dissertation entitled “Tu Corazon y Mi Pasion (Your Heart and My Passion), a research study designed to identify risk factors for cardiovascular disease in pre-menopausal women. Both awards were presented at a reception for faculty, students and invited colleagues who attended the Southern Nursing Research Society Conference in Birmingham in February, 2008.

Dr. Barnes coordinated the first luncheon for faculty and students interested in research with Hispanic populations in the spring of 2008. She provided a summary of Dr. Nelly Salgado’s assessment of the status of research related to Hispanic health care issues.

2. Provide educational programs to foster increased understanding between health care professionals and peoples of Hispanic origin

Continuing Education Offerings:

1. The *Travel, Study, Learn Program*, a continuing education program for health professionals who wish to begin or refine Spanish language skills and learn about Mexican culture and health first hand, offered two travel tours to Cuernavaca, Mexico (January and May). The program was developed as a modified field experience and founded on the belief that achieving skill in communication across cultural boundaries requires opportunities for the learner to reflect on personal beliefs and values as well as gain knowledge specific to a particular culture. Thirty-six continuing education units (Type I) are awarded through the American Nurses Association Credentialing Center. A total of 19 persons participated during 2008.
2. *Communication with Spanish Speaking Clients* (Medical Spanish) was offered in collaboration with the Center for Continuing Nursing Education in the fall of 2007.
 - *Fall, 2007*, a five week course (15 contact hours) was offered at Medical Plaza Hospital, Fort Worth, Texas. Fifteen persons were enrolled.

The Medical Spanish course was revised and approved for continuing education in June of 2008. The revised course will be offered for 17 contact hours over a seven week period. Fall offerings are planned for UTA and Medical Plaza Hospital in Fort Worth.

Inaugural Endowed Hispanic Lectureship

3. The second annual Endowed Hispanic Lecture in Nursing and Health was held on October 4, 2007 at UT Arlington. The speaker was Dr. Hector Balcazar, Regional Dean of the School of Public Health, Houston (El Paso Campus) with Sister Martha Ann Kirk, professor of theology as a respondent. Dr. Balcazar spoke on the topic of Social Justice for Hispanics, presenting an overview of the issues faced by Hispanics in the United States today. A reception, co-sponsored by the Office of Multicultural Affairs, followed.

3. Maintain/expand collaborative partnerships with interdisciplinary and inter-university groups.

Collaborative partners include:

- Universidad Internacional, Cuernavaca, Mexico (since 1991)
- University of North Texas Health Science Center School of Public Health

Representation of Co-Directors and Associates in organizations dedicated to Hispanic issues:

Jose Alejandro served as immediate past Vice President of the National Association of Hispanic Nurses (NAHN) and has been elected to the NAHN Foundation.

Drs. Donelle Barnes and Mary Lou Bond members of HISPA, the Hispanic Health Professionals Association.

Dr. Donelle Barnes is Chair of the Board of Mission Fort Worth which provides primary health care for uninsured Hispanics. She also served as a volunteer and interpreter at the Tarrant County Hispanic Wellness Fair in Fort Worth in August, 2008.

Dr. Wendy J. Barr is an Associate Member of the National Association of Hispanic Nurses (NAHN), and attended NAHN's 33rd Annual Conference in Boston in July, 2008.

Dr. Mary Lou Bond is an Associate Member of NAHN.

4. Provide resources on Hispanic health issues to health care providers

The Center has traditionally housed selected books, magazines and tapes for use by faculty and students. During the past year it was assessed that the journals being housed, *Hispanic Health Care International*, *The Journal of Transcultural Nursing* and *The Journal of Multicultural Nursing and Health* have become available on line. Therefore, the Center has discontinued housing these materials. Selected Medical Spanish texts and tapes are still available in the Center and may be borrowed through contact with the Co-Directors.

Other activities, 2007-2008

1. Modification of Endowed Hispanic Lectureship

The Endowed Hispanic Lectureship was modified to permit expanded use of distributions accrued. Following revision of the Endowment statement and approval of

the donors and University of Texas System, the Endowment purpose is now known as the Center for Hispanic Studies in Nursing and Health Endowment. Distribution of future funds may include lectures, research grant awards and scholarships for students preparing for health careers with the Hispanic population. This change allows the Center to be more responsive to current needs. (See Appendix B) for letter sent to all donors (as is required by The University of Texas System) for their approval. All donors concurred by returning a signed form.

2. A survey to determine educational needs regarding provision of health services to the Hispanic population was distributed to Directors of Nursing and Directors of Education at health care agencies in the DFW metroplex. Twenty-seven health providers from the local area returned the survey and identified the major learning needs as 1) Medical Spanish and 2) programs on selected values, health care beliefs and practices of the Hispanic population. Additionally, more information is desired on differences between sub-groups of the Hispanic population to allow for focused educational programs.

3. Participation in the annual Hispanic Wellness Fair, Fort Worth, TX., August 2, 2008. The Fair provides screening for over 15,000 persons each year and is used as a vehicle for recruiting Hispanics into the nursing programs at UT Arlington.

4. Provision of translation services of materials being used by faculty in a study using Hispanic participants.

5. Financial support (\$1500) to officers of HSNA for participation in the National Association of Hispanic Nurses Annual Conference in Boston (July, 2008).

Appreciation

Appreciation is extended to Dolores Aguilar for her contributions as an Associate during the past two academic years. Mrs. Aguilar resigned as an Associate due to increased responsibilities within the Undergraduate Program.

Congratulations

Congratulations to Yudmila Pacheco, work study student in the Center for the past five years. Yudmila graduated with a BSN in spring of 2008. Born in Cuba, she also became a citizen of the US during the same semester.

Plans for 2008-2009.

1. Continue major fund drive to increase the Center for Hispanic Studies in Nursing and Health Endowment to \$100,000. The current book value of the corpus is \$30,098.
2. Continue the *Travel, Study, Learn Program* with *increased marketing*.

Current marketing

- Paid advertising in Heartland, Northwest, California, Southwest, and South Central July and September editions of *Nurse Week*
- Ongoing (complimentary) advertising in *Pulse*
- Ongoing (complimentary) advertising in *Nurses' Forum* section of the *FW Star Telegram*
- Advertising in regional newsletters of Sigma Theta Tau
- Advertising in AACN newsletters
- Brochures and general information via e-mail to “potential participants” distribution list
- Brochures via e-mail distribution list to Directors of Nursing Education and Directors of Nursing in the DFW metroplex.
- Brochures via e-mail to local Schools of Nursing
- Brochures via e-mail to potential MSN and PhD students
- Brochures included in packets provided at MSN and PhD student orientations
- Brochures placed in UG clinical faculty mailboxes for distribution to clinical agencies
- Brochures distributed to RN to BSN, MSN and PhD students
- Brochures provided (via Faculty Issues Committee) to faculty traveling to conferences
- Brochures on display at various recruitment booths (SNRS, NSNA and NLN)

New proposed marketing

- American Academy of Nursing newsletter
 - Brochures via e-mail to Dallas Critical Care Nurses Association distribution list
 - Brochures in newsletters of TNA District # 3 and # 4
 - Brochures via e-mail to all TNA District presidents
 - Brochures via e-mail to Dallas NAHN Chapter distribution list
 - Brochures to the Dallas, Fort Worth and Arlington Independent School District faculty/staff
3. Continue the *Medical Spanish course* (with offerings for selected health care settings (Medical Plaza Hospital, Fort Worth, TX., fall, 2008) as well as UT Arlington *with increased marketing*
- Brochures to Directors of Nursing Education and Directors of Nursing in the DFW Area
 - Brochures via e-mail distribution list to above
 - Brochures via e-mail to local Schools of Nursing
 - Brochures via e-mail to Dallas, Fort Worth and Arlington Independent School districts

4. Implement two additional courses focusing on Hispanic health issues for continuing education. Topics include:
 - Missing in Texas: Addressing the Disparities of Hispanics in the Health Professions – to be offered February 16, 2009, Hereford Center, UTA. Target audience will be administrators and faculty in health professions schools, academic advisors and high school counselors.
 - Understanding the Mexican Origin Client: Cultural Competence in Practice. . To be offered in fall, 2009.
5. Participate in the Hispanic Wellness Fair (Fort Worth) in August, 2009.
6. Continue to develop partnerships with selected health/business groups interested in Hispanic healthcare
7. Explore opportunities for collaboration with the UT Arlington Department of Continuing Education
 - Educational cruise tour co-sponsored by the Center for Hispanic Studies and the Leadership Center
8. Continue semester by semester educational programs for faculty/graduate students interested in conducting research with Hispanic populations
9. Finalize a brochure describing the services/activities of the Center

Thank you to Associates

Without the work of the Associates of the Center and our “work-study” student, none of the activities could be accomplished. Please accept a sincere thank you for your contribution to the Center’s success!!

Respectfully submitted,

Mary Lou Bond, Co-Director
October 1, 2008

Wendy J. Barr, Co-Director
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