

R.A.D. Systems Profile:

R.A.D. is the national standard in self-defense Instructor certification and is internationally recognized for program quality and organizational commitment to excellence. **R.A.D.** Systems balances the needs of women to acquire self-defense education in a relatively short period of time, with the life long commitment required for physical skill mastery. How? By providing short term training opportunities in a progressive building block format, and combining each with the **R.A.D.** trademark Lifetime Return and Practice Policy!

Only a unified, extensive network can provide this service, which is honored nationwide and throughout Canada. While other programs and instructors struggle to keep pace, **R.A.D.** Systems shares life saving information with confidence, knowing that the lessons will be continuously reinforced for a lifetime!

Why R.A.D.?

R.A.D. is the largest network of its kind, with over 2000 instructors actively teaching at various colleges and institutions today, and almost 4000 total instructors trained to date. **R.A.D.** has trained over 200,000 women since their program began in 1989.

R.A.D. is the only existing program with a free life-time return and practice policy, honored throughout both the U.S. and Canada.

R.A.D. has developed specialized simulation techniques and equipment for use by certified **R.A.D.** instructors.

R.A.D. is the only self-defense program ever endorsed by the International Association of Campus Law Enforcement Administrators.



The **R.A.D.** course is taught by certified **R.A.D.** Instructors within the UTA Police Department and will provide each student with a workbook/reference manual. This manual outlines the entire **R.A.D.** Physical Defense System for reference and continuous growth.

Rape Aggression Defense Self-Defense Training for Women...

Presented by:
**The University of Texas
at Arlington**



Police Department

**Empower Yourself Through
Self Defense!!!**

What is Rape Aggression Defense?

The Rape Aggression Defense System (R.A.D.) is a program of realistic self-defense tactics and techniques developed for women.

The R.A.D. System is a comprehensive, women-only course that begins with awareness, prevention, risk reduction, and risk avoidance, while progressing on to the basics of hands-on self-defense training.

The R.A.D. program is designed to help women overcome the effects of sexual violence by teaching assertiveness, awareness, risk reduction, risk avoidance, and physical self-defense options and strategies.

The University of Texas at Arlington Police Department is presenting the R.A.D. Systems program free of charge to current UTA students, faculty, and staff.

To register for R.A.D. courses locate the UTA Police Department's Web page at www.uta.edu/police/ or contact:

UTA Police Department
Crime Prevention Officer

Phone=(817) 272-3902
Email=preventcrime@uta.edu

