

The UT Arlington campus has a variety of mental health resources available for students. If you are not already seeking professional assistance for your mental health needs, we encourage you to take advantage of the many resources UTA and the Metroplex have to offer. A list of these resources is provided below.

- UTA Counseling Services 817-272-3671
<http://counseling.uta.edu>
- UTA Mental Health Services 817-272-2713
- UTA Social Work Community Service Center 817-272-2165
- CPS Millwood Crisis Line 817-261-3121
- John Peter Smith Crisis Line 817-927-4151
- Tarrant County MHMR Crisis Hotline 817-335-3022