

STUDY AID FOR EXAM 3

King second edition

Chapter 12 Personality

Freud's theory

Id, ego, superego

Defense mechanisms

Repression

Rationalization

Displacement

Projection

Regression

Reaction formation

Conscious-unconscious Fig.

12.1

Psychosexual stages

Oral, anal, phallic, genital

Trait definition p. 393

Big Five

Neuroticism

Extraversion

Openness

Agreeableness

Conscientiousness

MMPI p. 409

Projective tests

TAT

Rorschach

Type A and B personalities

Lecture (12)

Psychosexual stages

Oral, anal, phallic, genital

Gender identity

16 Personality Factors test

Chapter 17 Health Psychology

Behavioral medicine

Health psychology

Biopsychosocial model p. 554

General adaptation syndrome

Stress and immune system

Lecture (17)

Immune suppression

Corticosteroids(cortisol)

Catecholamines

Adrenalin

Noradrenalin

Sympathetic autonomic nervous system

Connections to lymph nodes

Time course of adrenal hormone changes

Frankenhauser's research

Workplace

Gender differences and stress

Bereavement stress

Medivac pilots and crew members

Cortisol and tumor growth

Social support

Stress and immune system-lymphocytes

Stress and immune systems-lymph nodes

Strong sympathetic responders

Chapter 14 Industrial/Organizational

Human factors p. 457

Hawthorne effect

Human relations approach

Job analysis p. 460

Systematic procedure

Breakdown job into units

Construction of employee manual

Performance appraisal

Halo effect

Leadership

Transactional

Transformational

Lecture (14)

Transformational leader

Transactional leader

Chapter 15 Psychological Disorders

Abnormal behavior

Deviant

Maladaptive

Personal distress

Biological approach

Psychological approach

Sociocultural approach

DSM IV

Anxiety disorders

Generalized anxiety disorder

Panic disorder

Phobic disorder

Obsessive-compulsive disorder

Post-traumatic disorder

Depressive disorders

Major depressive disorder

Bipolar disorder

Dissociative disorders

Amnesia

Fugue

DID dissociative identity disorder

Schizophrenia

Positive symptoms

Negative symptoms

Cognitive symptoms

Types of schizophrenia

Disorganized

Catatonic

Undifferentiated

Paranoid

Causes of schizophrenia

Brain abnormalities

Heredity

Neurotransmitter problems

Lecture (15)

Somatoform disorders

Somatization

Conversion

Lecture (15) cont'd

Hypochondriasis

Depression

Stress, cortisol, hippocampus cells

Bipolar disorder

Glutamate

Lithium

Schizophrenia

Attentional gating failure

Disordered conceptual thought

Adolescent cortical cell loss

Dopamine

Glutamate

Psychopath

"Snakes in Suits"

Personality characteristics

Autonomic nervous system

Fear

Amygdala

Sociopath

Anti-social personality

Autism

Emotionality

Amygdala

Mirror neurons

Therapeutic interventions

Intelligence test performance

Raven test

Wechsler test

Chapter 16 Therapy

- Anti-anxiety drugs
 - Benzodiazepines
- Anti-depressants
 - SSRI
 - MAO inhibitors
 - Tricyclics
- Electroconvulsive shock therapy
- Anti-psychotics
 - Neuroleptics
- Psychosurgery
 - Prefrontal lobotomy
- psychotherapy
 - Psychoanalysis
 - Resistance
 - Free association
 - Transference
 - Dream analysis
- Client-centered therapy
 - Empathy
 - Unconditional positive regard
 - Reflective speech
- Behavior therapies
 - Systematic desensitization
 - Deep relaxation
 - Anxiety or desensitization hierarchy Fig. 16.4
- Cognitive therapies
 - Rational emotive behavior therapy
 - Beck's cognitive behavior therapy
- Evaluation of psychotherapies p. 545-546

Lecture (16)

- Spontaneous remission
- Star-D study of treatment for depression
- Eye movement desensitization and reprocessing therapy (EMDR)
- Psychosurgery
 - Prefrontal lobotomy
 - Poor planning
 - Impulsivity
 - Low motivation
- Electroconvulsive shock therapy
 - Hippocampal cell increase

Chapter 13 Social Psychology

Items listed for this topic will only appear on the final exam.

- Physical attractiveness
- First impressions
- Attribution theory
 - Internal attributions
 - External attributions
- Attitudes
 - Definition p. 425
 - Cognitive dissonance
- Bystander effect p. 431
- Conformity and obedience
 - Asch experiment
 - conformity
 - Milgram's experiments
 - Obedience

Lecture (13)

- Attitudes
 - Components
 - Cognitive beliefs
 - Affective
 - Behavioral
- Bystander intervention
 - Diffusion of responsibility
- Persuasion
- Crowding
 - Social and spatial density
 - Illness, deaths, suicides, assaults
 - School study

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