



Leaders Inspiring Families for Excellence Academy (L.I.F.E. Academy)

Our theme is “**Planting Seeds for a Secure Future**”. Workshop topics available to participants include:

- **How To Help My Child Study**

A workshop designed to give parents tools in becoming active in their child's studies. Building a team effort.

- **Early Warning Signs**

A workshop on identifying behaviors that indicate a child is at risk of truancy, dropping out of school, and/or gang participation.

- **Overcoming Writing Anxiety**

A workshop that focuses on different writing techniques and tips for successfully completing writing assignments.

- **Choices vs. Chances**

A decision-making workshop focused on taking responsibility for one's destiny.

- **Make the Connection – Education....Career**

College prep workshop that will help students identify pre-requisites for their career-aspirations and developing a plan.

- **Express Yourself**

A workshop on effective communicating, focusing on how to express and control your emotions and feelings.

- **See My Point of View**

A town hall meeting that will give students an opportunity to openly discuss the issues that they face and what they feel they need to be successful in school and/or life.

- **What I Say and How I Say it Makes a Difference**

A workshop that teaches the basics in public speaking: eye contact, body language, voice inflexion and projection

- **College Financial Fundamentals**

The who, what, where, when and how of financing a college education.

- **College Life 101 – Facilitator: College Student and Orientation Representative (Black Room)**

An open forum for students to talk to current college students about college life. Testimonials on high school vs. college expectations, preparing a survival kit, balancing education and social life, achieving your goal..... a college degree .

- **I Deserve Better**

Educating students on healthy dating and identifying early warning signs of the potential for abusive behavior.

- **Credit Abuse Resistance Education (CARE)**

A financial literacy workshop that teaches teens about the importance of using consumer credit wisely and avoiding credit card debt. Consequences of making poor financial decisions.

All academy participants will have the opportunity to develop skills through interactive workshops, role-playing, demonstrations, roundtable discussions, and presentations. In addition, there will be a one-stop location for parents and student to meet representatives of local social and youth services agencies.

Benefits:

- A support system that will positively impact students considering dropping out of school.
- Centralized resource for students, families, and AISD.
- Improved parent-school-community relationships.