



## Leaders Inspiring Families for Excellence Academy (L.I.F.E. Academy)

Our theme is “**Planting Seeds for a Secure Future**”. Workshop topics available to participants include:

- **How To Help My Child Study**

*A workshop designed to give parents tools in becoming active in their child's studies. Building a team effort.*

- **Early Warning Signs**

*A workshop on identifying behaviors that indicate a child is at risk of truancy, dropping out of school, and/or gang participation.*

- **Overcoming Writing Anxiety**

*A workshop that focuses on different writing techniques and tips for successfully completing writing assignments.*

- **Choices vs. Chances**

*A decision-making workshop focused on taking responsibility for one's destiny.*

- **Make the Connection – Education....Career**

*College prep workshop that will help students identify pre-requisites for their career-aspirations and developing a plan.*

- **Express Yourself**

*A workshop on effective communicating, focusing on how to express and control your emotions and feelings.*

- **See My Point of View**

*A town hall meeting that will give students an opportunity to openly discuss the issues that they face and what they feel they need to be successful in school and/or life.*

- **What I Say and How I Say it Makes a Difference**

*A workshop that teaches the basics in public speaking: eye contact, body language, voice inflexion and projection*

- **College Financial Fundamentals**

*The who, what, where, when and how of financing a college education.*

- **College Life 101 – Facilitator: College Student and Orientation Representative (Black Room)**

*An open forum for students to talk to current college students about college life. Testimonials on high school vs. college expectations, preparing a survival kit, balancing education and social life, achieving your goal..... a college degree .*

- **I Deserve Better**

*Educating students on healthy dating and identifying early warning signs of the potential for abusive behavior.*

- **Credit Abuse Resistance Education (CARE)**

*A financial literacy workshop that teaches teens about the importance of using consumer credit wisely and avoiding credit card debt. Consequences of making poor financial decisions.*

All academy participants will have the opportunity to develop skills through interactive workshops, role-playing, demonstrations, roundtable discussions, and presentations. In addition, there will be a one-stop location for parents and student to meet representatives of local social and youth services agencies.

**Benefits:**

- A support system that will positively impact students considering dropping out of school.
- Centralized resource for students, families, and AISD.
- Improved parent-school-community relationships.