125°
Within 30
minutes, the car's interior can climb from 90° to 125°.

114°

On a 95° day, it only takes **10** minutes for the inside of your car to reach 114°.

Practice HEAT SAFETY Wherever You Are

Heat related deaths are preventable. Protect yourself and others from the impacts of heat waves.





Job Sites Stay hydrated and

take breaks in the shade as often as possible.



Indoors

Check up on the elderly, sick and those without AC.



Vehicles

Never leave kids or pets unattended -LOOK before you LOCK

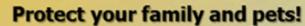


Outdoors

Limit strenuous outdoor activities, find shade, and stay hydrated.

109°

Outside Temp: 90°
In 10 minutes, the inside of your car may be as much as 20 degrees hotter!



If you see an child or animal in a car on a hot day, try to locate the owner, or call 911!
Stay by the car until help arrives.

Source: ASPCA & National Weather Service: www.weather.gov/heat



