Health Education Program

Peer Health Education Program
The P.E.E.R.S Health Education (PHE) Program, teaches student volunteers to educate their peers about important health issues, and train students on health topics, empowering them to practice healthier lifestyles. The mission of the peer-education program is to create an awareness of the dynamics of Tobacco Cessation, Substance Abuse, Nutrition, Sexual Health, and general Wellness. While promoting healthy lifestyles/relationships through effective communication, and aid in prevention of STI’s through educational programming.

Peer Health Educators will present workshops on topics such as power dynamics in relationships, sex and communication, sex role stereotypes, dating behaviors, prevention strategies, etc. Presentations will target the campus community including residence hall groups, social and Greek organizations, and other interested groups of students, staff and faculty. The workshops will include the use of videotapes, educational models, role-plays, awareness exercises, and group discussions.

Application Process:
1. Complete the attached application;
2. Return the completed application to the UTA Health Services, Health Promotions departments (located in B06 at the Health Center);
3. It is important to note that a limited number of applicants will be accepted.
4. Attend an interview selection process.

Requirements for Participation in P.E.E.R.S PHE Training:
1. All majors are encouraged to apply.
2. Must be open minded, understanding, and show respect for others at all times.
3. Strong communication skills with ability to respond effectively to the potentially strong emotions and opinions arising from the program subject matter.
4. Sensitivity to the issue of sexual health and openness to discussing healthy vs. unhealthy relationships.
5. Sensitivity to all other educational issues discussed and none judgmental or biased in thinking.
6. Willingness to participate in the interview process and subsequent seven week training program
7. All students are welcome to apply who meet these expectations. Students must be willing to commit a Year.
8. Dedicate (2 classroom hours per week) to the program and present, at minimum, three programs per month.

Why should I be a P.E.E.R.S PHE?
1. Gain knowledge in Public Speaking
2. Be a Maverick leader on campus
3. Increased knowledge on living a healthier lifestyle
4. Incorporate your volunteer experience into your resume for advancing education or towards future career opportunities.
5. Great networking opportunities
6. Meet new students, faculty/staff, along with Community health organizations
7. Volunteer Service to the campus and surrounding communities

For additional information on the (PHE) program application, procedures, election criteria, contact Latoya Oduniyi, HPSA Coordinator, 817-272-2716. Thank you for your interest.
Peer Health Educator Application

Before completing this application, please review the information listed below concerning the program description and expectations and training of the peer educators. If you have questions about this application or about the role of peer health educators, please contact, Health Services’ HPSA Coordinator, 817-272-2771, or latoya.oduniyi@uta.edu

Dear Peer Health Educator Applicant:

Thank you for your interest in becoming a peer educator for P.E.E.R.S! The following information concerning the program and the application selection process will be of interest to you.

Program Description

The mission of the peer education program is to create an awareness of the dynamics of Tobacco Cessation, Substance Abuse, Nutrition, Sexual Health, and general Wellness. Promote healthy lifestyles/relationships through effective communication, and aid in prevention of STI's through educational programming. Peer educators will present workshops on topics such as power dynamics in relationships, sex and communication, sex role stereotypes, dating behaviors, prevention strategies, etc. Presentations will target the campus community including residence hall groups, social and Greek organizations, and other interested groups of students, staff and faculty. The workshops will include the use of videotapes, educational models, role-plays, awareness exercises, and group discussions.

Expectations

1. Strong communication skills with ability to respond effectively to the potentially strong emotions and opinions arising from the program subject matter.
2. Sensitivity to the issue of sexual assault and openness to discussing healthy vs. unhealthy relationship issues.
3. Sensitivity to all other educational issues discussed and none judgmental or biased in thinking.
4. Willingness to participate in the interview process and subsequent seven week training program (2 hours per week).
5. All students are welcome to apply who meet these expectations. Students must be willing to commit a year to the program and present, at minimum, three programs per month.

Interviews

You will be contacted regarding an interview after your application has been received.

Training

The fourteen hours of training will include definitions of UTA laws, the role of alcohol in forced sex situations, explanation of support services available, prevention and intervention strategies, the importance of communication and consent. Peer health educators will learn how to facilitate interactive discussions and workshops regarding healthy relationship dynamics and general Wellness.

Application

Please print or type all information requested on application. Return your completed applications to HPSA Department located in Room B06 of the Basement of the Health Services. For additional information on the application procedures, selection criteria and program, contact Latoya Oduniyi, Coordinator, 817-272-2771, latoya.oduniyi@uta.edu

Thank you for applying.
P.E.E.R.S Health Educator APPLICATION

Name: ____________________________________________________________

Physical address (dorm or Apt.): ______________________________________

______________________________________________________________

Mailing address (UTA box or apartment): ________________________________

______________________________________________________________

Phone Number: ________________  Cell phone: _________________________

E-mail address: ___________________________________________________

☐ Freshman  ☐ Sophomore  ☐ Junior  ☐ Senior  ☐ Grad/professional student

Major: ______ GPA: ______

Student ID #: ____________________________________________________

Please list two references below. Must be UTA faculty, staff or administrators. If you are a freshman, you may use a High school contact. (NO students as references).

Name: ___________________________  Position: ___________________________

Address: _________________________  Telephone: _______________________

Name: ___________________________  Position: ___________________________

Address: _________________________  Telephone: _______________________

By placing my initials here (__________), I DO NOT consent to have my photo used in marketing, educational and promotional material, to include web site, display and printed brochures, produced for Health Center.
**PEER Health Education Program**

*Please answer the following questions with 3 - 6 sentence responses, or bullet your responses as appropriate. Please feel free to use an alternate sheet of paper or use the back of the page.*

1. What motivates you to join the P.E.E.R.S PHE program? What do you feel you could contribute to the program?

2. List any extracurricular activities you are currently involved in (hobbies, clubs, sports, dorms, fraternity, sorority, etc.) or are getting involved with this year. Please note leadership positions held.

3. What ideas do you have about effective ways to advocate for campus health issues with your fellow students? What type of activities did you enjoy or would be most interested in organizing as a peer health advocate or Student Coalition?

4. When working as a peer health advocate, you may encounter many types of people. Please tell us about your experience with and perspective on people of different ethnicity, gender, sexual orientation, ability, religion, lifestyles and values.

5. What do you do to take care of your health and well-being to incorporate a healthy lifestyle?

6. What is your experience with any of the topics that the P.E.E.R.S Health Educator addresses (sexual health, mental health issues, alcohol, tobacco and other drug use)? Feel free to include personal experiences, contact with family or friends affected by these issues, volunteer experience, research on these topics, and/or paid work experience.

7. How did you hear about the P.E.E.R.S program?

**Peer Educator Responsibilities**

Please initial the space to the left to signify that you have read the responsibilities of a peer health educator into the P.E.E.R.S program.

**Interest areas**

Please rank your level of interest in each of the following topic areas on a scale of 1 (low) - 5 (high):

- Sexual health, Healthy Relationships, and Relationship violence
- Stress and Organization
- Alcohol, Tobacco and other drug use
- Other topics: ________________________________

**Self-care**

Students become passionate about health-related topics for many reasons. Many students are inspired not only by personal experiences but also the struggles of friends and loved ones. If you are currently in treatment or have recently completed treatment for a health issue related to the topic area(s) you’re interested in pursuing with P.E.E.R.S PHE, we encourage you to discuss this endeavor with your provider or with us to determine whether this is an appropriate time for you to engage in peer advocacy activities.
CLASS SCHEDULE

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