HERE ARE A FEW RESOURCES & TIPS TO USE WHEN PREPPING FOR THE LICENSING EXAM

SET UP THE ENVIRONMENT

☐ Designate a study area – quiet, well-lit and private. Not too hot or too cold.

☐ Limit chances of distractions and interruptions.

☐ Play suitable study-music softly in the background or listen to it on device with headphones.

☐ Burn incense or aromatic candles – rosemary for focus and memory; lavender for peace.

☐ Be sure to adequate supplies, such as pens, highlighter, current DSM and paper.

☐ Keep water or non-sugary drinks and healthy snacks handy – studying is hard work!

RESOURCES THAT MAY HELP YOU PREPARE

☐ LBSW OR LMSW EXAM STUDY GROUPS ON FACEBOOK.

☐ SOCIAL WORK ASWB MASTERS EXAM GUIDE ON FACEBOOK

☐ SOCIAL WORK ASWB MASTERS EXAM GUIDE BOOK BY APGAR

☐ POCKET PREP APP

☐ ASWB PRACTICE EXAM

☐ https://www.socialworktestprep.com/

☐ CODE OF ETHICS

☐ YOUTUBE