Craft Activity Book & DIY Animal Enrichment
Thank You for supporting the City of Arlington, Animal Services Department. DIY animal enrichment items and craft ideas provided in this book can be done to help our shelter animals or add extra fun for your pets at home. Crafts, toys, interactive items, bedding supplies are just a few of the items you will find to enjoy.

Please look through the following pages to see which projects you would like to have fun with.

When crafting or making a DIY animal enrichment project, please do not use any of the following items which may present a danger to the animals:

- Expired food products
- Toxic glue or materials
- Glitter
- Items that may become loose, which an animal may swallow, including bells, trinkets, beads, etc.
- String that may fray or be swallowed.

If you have any questions at all, please do not hesitate to ask.

Thank You, Woof & Meow!

A special thank you to Maddie’s Fund, The Humane Society of Central Oregon, Respect-A-Bull, and The Animal Farm Foundation for resources provided to make this book.
Doggie Bags (30 Doggie Bags = 3 hrs.)

Instructions

Many times, our furry patients at the Bend Spay + Neuter Clinic or furry residents of the shelter need to go home with medications, special instructions or gifts. These doggie bags are lovingly filled with everything they need.

➢ Make these as colorful and fun as you would like.
➢ Use colored markers, pens, pencils, stickers or crayons.
➢ Write the word “NAME” with a line after it, so we may fill in the patient/residents name.
➢ Draw any animal of your choice, a cartoon or whatever creative art you can dream up.
➢ If glue is used for any part of the craft, please make sure it is non-toxic.

➢ Supplies needed:
  o Brown lunch size paper bags
  o Coloring markers, pencils, crayons, rubber stamps, etc
  o Imagination
  o (no stickers, they don’t stay on the bags very well)
Sock Fish (24 Sock Fish = 2 hrs.)

Instructions
From: Martha Stewart Kids

➢ Looking for a quick pet-friendly project for a child? This simple catnip toy takes just minutes to make while providing fun for kids and cats alike.
➢ Roll an 8 1/2-by-11-inch piece of paper into a cone for a funnel; secure with tape. Insert funnel into sock, and fill halfway with catnip. Knot sock just above filling.
➢ Using a non-toxic marker, give it some fun eyes and a mouth.
Catnip Fish Toy (24 Fish Toys = 6 hrs.)

**Materials:**
- Pencil & Paper
- Fabric
- Pins
- Pinking shears
- Cotton batting or wool scraps
- Piece of paper
- Catnip
- Needle and thread
- Upholstery needle and thin sturdy twine, for hanging

**Instructions:**

**STEP 1** Draw and cut out fish shape. A ¼ inch seam allowance needs to be added to the fish shape. Trace the fish shape onto two layers of fabric. Cut out shapes.

**STEP 2** Pin right sides together. Sew seam, and leave 1 1/2-inch opening for filling.

**STEP 3** Trim seams with pinking shears.

**STEP 4** Turn right side out. Press seams flat.

**STEP 5** Stuff with cotton batting or wool scraps until firm. Shape a piece of paper into a funnel, and use it to add 1 to 2 tablespoons of dried catnip or to fill the whole toy with catnip.

**STEP 6** Hand-stitch opening closed.
Catnip Rat (24 Catnip Rats = 6 hrs.)

Materials:
- Catnip Rat Template
- Felt
- Stuffing
- Rope
- Catnip
- Scissors
- Hot glue gun and hot glue sticks
- Extra felt (optional for eyes)

Instructions:
STEP 1 Follow link to access template. www.marthastewart.com/272149/catnip-rat Using the 7 1/2-inch template, trace and cut out the bottom and side pieces of felt, using the circles for ears.
STEP 2 Glue the top edges of the side pieces to each other. Glue the bottom piece of felt to the bottom of the side pieces. Be sure to leave an opening in the back to insert stuffing.
STEP 3 For your stuffing, use cotton batting and catnip. Cut a piece of rope for the rat's tail and stuff in the back of the rat. Seal with glue, and glue on the ears. To add eyes, use a marker or felt.
No Sew Fleece Blanket  (1 hour per blanket)

Materials Needed: Here are the steps in making a very simple fleece blanket with tied ends. No sewing required! You will need 2 pieces of fleece, about 1 to 1 1/4 yards each, a pair of fabric scissors (or a rotary cutter - much easier!), cutting mat and a ruler or straight-edge. There are many “how to” videos on line, as well.

INSTRUCTIONS:

1. Lay the two pieces of fleece wrong sides together.
2. With the fabric on top of each other, trim off any ends as necessary to make them the same size.
3. Use a rotary cutter and mat and cut right along the edge of your ruler or straight-edge.
4. Cut out a square about 3-4 inches from each corner. This will prevent bunching of the material in the corners and help to make tying easier.
5. Make sure you cut out the square from all 4 corners of the fabric.
6. Next cut out slits - almost like a fringe - about 3 inches deep all the way around the fabric. Just make sure you cut deep enough so that you can tie the pieces together. If the slits are too short, you won't be able to double knot them.
7. Tie the matching top and bottom slits together into double knots (helps them to say together after washing).
8. Continue tying all the way around the fabric until your blanket is complete!
Turtle Feeder (24 Turtle Feeders = 4 hrs.)

Materials:
➢ Egg carton
➢ Nontoxic glue
➢ Scissors
➢ Pencil
➢ Binder Clips
➢ Decorating Materials

Instructions:
STEP 1
Cut an egg cup from the carton to serve as the shell of the turtle.
STEP 2
Place the cup adjacent to the spacer bump on the reverse side of the top of the carton. Trace around the perimeter to outline the contour of the spacer. This will form the head of the turtle, as well as a base to keep the food inside the shell.
STEP 3
Cut the lid following the outline you’ve made.
STEP 4
Apply glue around the edge of the egg cup. Clamp the two pieces together using the binder clips. Let the glue set.
STEP 5
Decorate your turtle.

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Cardboard Cluster (24 Cardboard Clusters = 2 hrs.)

Materials:
• Cardboard Scraps • Scissors
• Twine
• Hole-punch

Instructions:
STEP 1 Cut cardboard into small pieces no larger than 2” x 2”.
STEP 2 Hole punch the center of each piece of cardboard.
STEP 3 Cut Twine into 4” strands.
STEP 4 Stack 6 to 8 pieces of cardboard. Feed twine through the center tie off each end.
STEP 5 Cut off any extra Twine on each end.
Tube Pyramid (4 Tube Pyramids = 2 hrs.)

Materials:
- Toilet Paper Rolls
- Hot Glue Gun
- Hot Glue Sticks
- Small Box
- Shredded Paper

Instructions:

Option 1
STEP 1 Glue toilet paper rolls together in the form of a pyramid.
STEP 2 Hide cat treats, small toys, or even shredded paper with sprinkled Catnip.

Option 2
STEP 3 Take a small box and glue ends of tubes to the inside of the box.
STEP 4 Hide cat treats, small toys, or even shredded paper with sprinkled Catnip.
For storage reasons please call shelter to see what current needs are.
541-382-3537
Fleece Braid (10 Fleece Braids = 2 hrs.)

Materials:
• Fleece • Fabric Scissors
• Yard Stick

Instructions:
STEP 1 Using yard stick cut three to six strips of fleece.
STEP 2 Gather strips of fleece and tie large knot at one end.
STEP 3 Separate fleece strips into three sections then braid... leave enough fleece at the other end to tie knot.
Note: Fleece braids can vary in width and length. Do try to keep the length under two feet.
Warmie Covers (5 Warmie Covers = 2 hrs.)

Materials:
- Sewing Machine
- Thread
- Scissors
- Fabric
- Ruler/ Yard Stick
- Pins

Instructions:
STEP 1 Cut one piece of fabric 12 1/2 x 20 inches. Finish the edges: turn one of the short edges in 1/4”, and stitch. Turn the other end under 1” and stitch close to cut edge. Topstitch 1/4” inside of first stitching.
STEP 2 With right side in, fold the end with the wider, topstitched hem up 5 3/4”, and the side with the narrow hem down 4 3/4 “. The edges will overlap in unequal thirds.
STEP 3 Stitch the sides, clip the corners, and turn right side out and you are done! These warmie covers hold warm rice bags for the animals recovering from surgery or for bottle baby kittens.

Note:
This is an example size. These can be made in many different sizes, this being the largest.
Hide and Seek Box (2 Hide and Seek Boxes = 2 hrs.)

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Materials:
• Recycled box (no larger than 24”x24”) • Tape
• X-ACTO or Utility Knife
• Pipe Cleaners (or other fun craft items)
• Hot Glue Gun
• Hot Glue Sticks

Instructions:
STEP 1 Cut out small opening all over box (Small enough for the cat to not get stuck, but big enough so that kitty paws don’t get stuck)
STEP 2 Tape together all seams of the box.
STEP 3 For extra fun add Pipe Cleaners or other fun items to the outside of the box. Decorate, decorate, decorate... the more “things” you attach... the more fun the cat will have!
No cat toys handy to hide? Use cat treats, crumple up a small wad of newspaper with catnip inside. Ping pong balls and craft puff balls make great substitutes as well.

2.2020
T-Shirt Cat Tent (2 Cat Tents = 2 hrs.)

Materials:
• Old Medium to Large T-Shirts (Can be purchased at HSCO Thrift Store) • Wire Hangers
• Roughly 15” x 15” x 3” Cardboard Box (Or lids for filing boxes)
• Tape
• Hair Ties • Wire Cutters or Pliers

Instructions:
STEP 1 Cut the hooks off hangers and shape the wires into arcs.
STEP 2
Poke a small hole in all four corners of your box.
STEP 3 “Criss-Cross” hangers and tape together at the top to form a tent like frame.
STEP 4
Poke the four ends of the hanger frame down through the four holes in your box. On the bottom of the box bend the wires over and tape to the bottom of box.
STEP 5
Pull the T-shirt over the frame and position the shirt so that the neck hole is in the front middle to create a door.
STEP 6
Pull all loose fabric, fold over and gather with hair tie so that there is only one opening to the tent. * Make sure that hair ties are hidden and secure.
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Dog Biscuits (5 Dozen Biscuits = 3 hrs.)

Ingredients:
(Makes about 5 dozen) 1 cup all-purpose flour * 1/4 cup wheat germ * 1/4 cup brewer's yeast * 1 teaspoon salt * 1 1/2 tablespoons canola oil * 1/2 cup low-sodium canned chicken stock, plus more for brushing

Instructions:

STEP 1
Preheat oven to 400 degrees. In a medium bowl, whisk together flour, wheat germ, yeast, and salt; set aside.

STEP 2
Place oil in a large bowl. Add stock and flour mixture in three alternating batches, beginning and ending with stock. Mix well.

STEP 3
On a lightly floured work surface, roll out dough to about 3/8-inch thick. Shape biscuits using a dog-bone-shaped cookie cutter or by cutting around a store-bought dog bone with a butter knife. (Make biscuits that are appropriate for your dog's size.)

STEP 4
If desired, you can spell out your dog's name or a holiday message in the dough with a toothpick (wet the toothpick first so it won't stick).

STEP 5
Transfer to parchment-lined baking sheets. Repeat with remaining dough.

STEP 6
Bake biscuits 10 minutes. Brush with stock; rotate baking sheets, and bake 10 minutes more. Turn off oven, leaving door closed. Let dog biscuits stand in oven to dry completely, about 1 ½ hours. Wrap as a gift, or store in an airtight container at room temperature.
Cardboard Cat House (5 Cat Houses = 5 hrs.)

We have very limited storage; please call shelter to see what current needs are.
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The house below is courtesy of Martha Stewart. See video here: https://www.marthastewart.com/921522/how-make-cardboard-cat-playhouse

Materials:

- Door and window templates (pdf format)
- 3 same-size sturdy cardboard boxes (we used 12-by-14-by-18-inch boxes from UPS; use larger boxes for a large cat)
- Pencil
- Bone folder
- Ruler
- Retractabe razor blade or utility knife
- A cutting mat
- Hot-glue gun

See instructions on next page.
Cardboard Cat House Instructions:

STEP 1
Download and print door and window templates; cut out. Position door and window templates on one box as desired, using a ruler for placement. Trace templates onto box with a pencil. Slide a cutting mat inside the box, and position it behind the windows as you cut out the panes. Position the cutting mat behind the door; cut the curved top edge, the flat bottom edge, and down the center. Fold open along straight sides. Repeat tracing and cutting on second box, using window template only.

STEP 2
Assemble bottom of the first box (the one with the door): Fold in two opposite flaps, generously coat them with hot glue, then fold the remaining two flaps over them. Hold flaps in place until the glue is set. On the open end of the box, cut the flap off of each long side. Cut off half of the flap from one short side, as pictured; fold it in. Secure flaps to side of box with a line of hot glue. Hold flaps in place until glue is set.

STEP 3
Begin making the roof: On the top end of the second box, use a ruler and pencil to draw a line from the top center of one short-side flap to one bottom corner; draw a second line from the top center to the other bottom corner. Repeat on the opposite short-side flap. Cut off one long-side flap, as pictured; set aside. Cut along a penciled line to remove a triangle shape from one short-side flap, as pictured; score the second line. Repeat on second short-side flap, cutting along one line and scoring the other.

STEP 4
Cut long-side flaps from the bottom of second box. Cut one short-side flap so that when the box is assembled and stacked on the bottom box, the holes will line up. Secure the flaps to the side of the box with a line of hot glue. Hold flaps in place until glue is set. Coat the top of the bottom box with a generous layer of hot glue. Position the bottom of the top box over it, and hold in place until the glue is set. Use one of the reserved short side flaps and coat one side of it with a generous layer of hot glue. Place it, glue-coated-side down, as pictured, on the "floor" of the top box for reinforcement.

STEP 5
Cut the roof piece (21 1/4-by-46 inches) from third box with a crease down its center when folded short-end to short-end. To attach roof, fold along the scored lines on the short-side flaps at the top of the house. Glue long flap to the folded triangles from the short sides. Generously coat the folded-in pieces with hot glue, and position the roof over them. Hold in place until glue is set. (Don't glue other side of the roof closed. Your cat will enjoy peeking out from under it.)

A different (and perhaps easier) version of a cat house, with video can be found here: https://www.youtube.com/watch?v=nq_b-bz6HBl
Wheel Feeder (10 Wheel Feeders = 2 hrs.)

Materials:
- Round food container with a lid, such as one used for sour cream or cream cheese.
- Spare container lid
- Nontoxic Glue
- X-ACTO or Utility Knife

Instructions:
STEP 1
Clean and sanitize container.
STEP 2
Cut a few small holes in the sides of the container that is large enough for your cat's food to pass through. Please make sure there are no super sharp edges from cutting the plastic.
STEP 3
Glue an additional lid to the bottom of the container that's slightly larger in diameter. This will alter the way the feeder rolls and add variety to your cat's playtime experience.
Additional DIY Ideas!

1. Make bottle flippers out of wood or use PVC piping for easy cleaning.
2. Hide treats in pieces of cut rubber floor mats or shag carpets and let dogs sniff out their lunch.
3. Stick an empty water bottle in a sock and tie it closed for a crunchy toy.
4. Roll treats up in strips of felt or old blankets, stuff them inside a hollow ball and let dogs tear them out one by one.
5. Drill holes in a section of PVC piping, fill with treats and cap off both ends for a cheap and simple puzzle game.
6. Cut old blankets into strips and braid them together.
7. Put a few treats inside each hole of a cupcake pan, top each hole with a tennis ball and let the dog lift up each ball to find what’s hiding underneath.
8. Cover a Nylabone with peanut butter for a simple but delicious enrichment tool.
9. Throw treats in a kiddie pool full of balls for dogs to find - this one is especially fun and adorable for puppies!

2.2020
Arlington Animal Services works with a variety of animals. Draw your favorite animal below!
Meet AAS Alumni Ducky!