

	Nervous System	Endocrine System
Mode	Electrical to Chemical	Blood-borne
Messengers	Neurotransmitters [Neurohormones]	Hormones
Release	Close to Cells of influence	Distant from Cells of influence
Target Cells	Specific Small Group	Indiscriminate Large Group
Speed	Fast	Slow
Duration	Short	Long

⌘ No System Works Alone