Housing, Meals and What to Bring:

Athletes receive a confirmation letter upon receipt of their registration. This letter details what individual items are needed, where to report and a daily schedule of workout sessions. Housing for resident campers is in the Arlington Hall residence hall on campus. Rooms are double occupancy and roommate requests can be made on the camper registration form. Residence halls are supervised by UTA Arlington staff and camp counselors. Meals are provided in the campus dining hall. Snacks are available for purchase in the campus market. All campers need to bring bedding for a twin bed, sheets / sleeping bag, pillow, towels & washcloth.

Directions to Arlington and the UT Arlington campus are available upon request. **Players flying to camp should make arrangements to fly into the Dallas-Fort Worth Airport.** Transportation to and from the Dallas-Fort Worth Airport is provided. Flight and transportation schedules need to be communicated with athlete registrations.

Questions:

**Doug Garner**
Head Coach, Movin’ Mavs Wheelchair Basketball

*Email:* dgarner@uta.edu  
*Phone:* 817-272-3410  
*Cell Phone:* 501-655-6507

**The University of Texas at Arlington**
Movin’ Mavs  
801 W. Greek Row  
Arlington, TX 76019

www.uta.edu/movinmavs
Check us out on Facebook!
Arrive around noon on the first day of camp and depart before noon on the last listed day of camp.

- Meet for breakfast: 7:50 a.m.
- At gym (courts) ready for warm-up: 9:00 a.m.
- Individual and group training: 9:00 a.m
- Leave for lunch: 12:00 p.m.
- Meet to return for afternoon session: 1:50 p.m.
- Individual and group training: 2:00 p.m.
- Leave for dinner: 5:00 p.m.
- Meet to return for evening session/games: 7:00 p.m.
- Return to residence hall: 9:00 p.m.
- Lights out: 10:30 p.m.

Training sessions focus on learning and using fundamental wheelchair sports principles in a fun and challenging environment. Basic wheelchair sport skills are developed along with goal setting, mental training, age appropriate conditioning programming and nutritional/lifestyle awareness. Campers are encouraged to set personal goals for their time at the wheelchair basketball camps and share these goals with their instructors. At UT Arlington we believe that a holistic approach to developing healthy and confident athletes will contribute to long-term success both on the court as future athletes and off the court as students and members of the community.

Junior & Adult Wheelchair Basketball Camps

The UT Arlington junior wheelchair basketball camps are designed for student athletes between the ages of 8 and 18 who have mobility impairments as their primary disability. The adult wheelchair basketball camp is for ages 18 and up. Campers should be fully independent in personal care and bring a desire to learn more about their chosen sport.

Curriculum for all Camps

Camp curriculum is designed to meet the needs of athletes at all levels, from beginning athletes to more experienced athletes working to make USA national teams. Campers are grouped by age and ability level for daily training. The daily curriculum and activities are based in part on the curriculum and activities used by USA national teams training for international competitions and the UT Arlington Movin' Mavs college program.

Training Programs

The daily training programs are designed to meet the developmentally appropriate needs of our athletes. Instruction in proper fundamentals in selected sports is the foundation of the camp curriculum. Athletes are also divided into teams (doubles teams for tennis), and a tournament style format is built into the training program to give athletes the opportunity to simulate competition style training and experiences.

Sample Daily Schedule

Cost and Scholarships

Residential (over-night) Campers* $435
Commuter Campers $275

* Resident fees include room and board, secondary insurance, administrative costs, instructional costs, camp apparel, meals and transportation to and from the airport.
Commuter fees include instructional costs, camp apparel, lunch and dinner.

Doug Garner, head coach of The University of Texas at Arlington Movin' Mavs serves as camp director. Coach Garner has a M.S. in behavioral science and a M. Ed. in education/curriculum and instruction along with over 30 years working in youth sports. The past 22 years have been spent coaching in the field of disability sport and wheelchair basketball. He has coached the USA Under 20 Team on travels to Australia, served as an assistant coach for the U.S. U 23 Mens National Junior team and as an IWBF International Classifier for 14 years. Coach Garner has served on several US Paralympic/NWBA selection committees for U.S. National Team selections and as an assistant coach with the USA National Junior Team.

The Junior Wheelchair basketball camp is limited to 60 athletes.
The Adult and Veteran's Wheelchair basketball camp is limited to 40 athletes.

Camp Staff

Coach Nelms is the head Women's Coach at the University of Texas at Arlington. He has served in this position for 3 years. He received his Bachelor's degree in Criminal Justice at UTA and is a co-worker of Per4max Medical. Jason has played the sport of wheelchair basketball for 20 years at the College, Semi-professional and professional levels. He was a member of the USA National Men's Team for 12 years, including World Championship and Paralympic experience, and has served as a head coach in the NWBA for eight years, including National Championships with the Dallas Wheelchair Mavericks. He has helped develop several players who have gone on to USA National Team selections and tryouts and is passionate in helping young athletes reach their potential on and off the courts.

The staff at the camp will be made up of intercollegiate, championship, international or professional players who have experience working with and developing young players and new talent to the sport. These coaches are selected for their knowledge of the sport, their commitment to working with athletes and their love of the sport of wheelchair basketball.